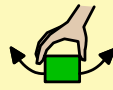
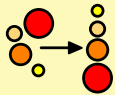
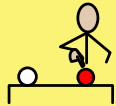
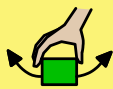




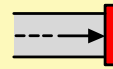
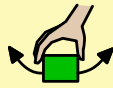
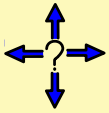
How to use this resource...



1

2

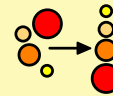
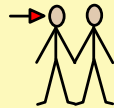
The sequence below can be used in one of two



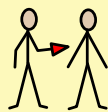
ways: you can use it as a checklist when completing a



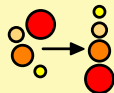
personal hygiene activity or you could print them and



cut them up to put them in the correct order.



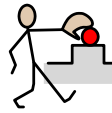
If you don't have a printer, you could draw or



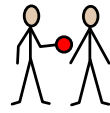
write your own sequence.



Brushing your teeth



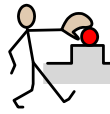
Get



your



toothbrush



Get

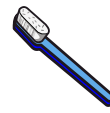


toothpaste



Rinse

your

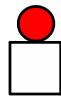


toothbrush



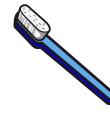
Put

toothpaste



on

the



toothbrush



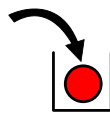
Brush the top teeth



Brush the bottom teeth

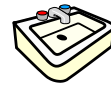


Spit



into

the



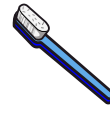
sink



Rinse your mouth

+

and



toothbrush