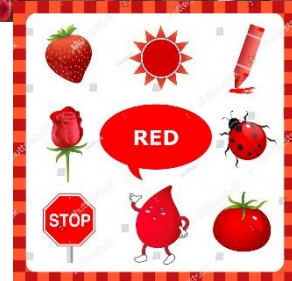


Explore the Colour Red

Activity 1:

Look around your house for red items. Put all the items into a tray or a box and let your child explore the objects and the colour red. Ideas for items: toys, soft toys, socks, t-shirts, bricks, flowers, pens, pencils, crayons, fruits, balls etc.



Activity 2:

If you have red food colouring at home, it's time to colour rice! If you don't have red colour but you have another one, this is OK. Use any colours you have and make your own sensory bin!

You will need:

- 1) 1 Seal bag or container
- 2) 1 cup uncooked white rice
- 3) 1 tsp vinegar
- 4) Food colouring

Place 1 cup of rice into the seal bag. Mix 1 tsp vinegar and a few drops food colouring. Seal the bag and then shake until the colour has spread evenly. Place the rice out on a piece of parchment paper, aluminum foil, baking sheet, or paper towel and allow to dry. Once completely dry, pour all of it into a small storage bin and add some more red items inside (see Activity 1 ideas). Here is the link of the YouTube video:

<https://www.youtube.com/watch?v=Az7WnGa9hrM>

Have fun!

