

Grow your own rainbow

You can see me demonstrating this in the video.



You will need:

Kitchen roll

Washable Markers or felt tips

2 Glasses with a small amount of water in each

Instructions:

1. Cut the kitchen roll into the shape of a rainbow.
2. Colour a rainbow with felt tip pens from the bottom up about 2-3cm



3. Hold the rainbow, with the ends slightly in each bowl of water and watch the colours travel up your rainbow.



4. Leave to dry.
5. Put it in a window to say thank you to all those who are caring for all the people who are ill.