## **Sensory Kitchen Utensil Ideas**



- Use the kitchen symbols sheet to ask the young person to find an item that you request e.g. a fork or a bowl.



- Set up a bowl of water with any cups or jugs (or any other kitchen item) you have to investigate pouring water from one to the other. You could add warm water or icecubes to experience a change of temperature.



- A great fine motor skill activity is if you have some pom-poms, place them into a whisk (scrunched up bits of paper also works well for this activity too.) or try putting pipe cleaners into a strainer. Perhaps the colour could be requested using our symbol sheets on our main page.





- Put a photo of the activity onto Evidence for Learning if possible.