
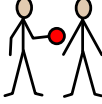
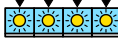

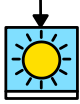




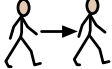

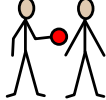

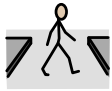
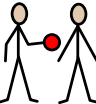


Discussion activity

        
Before your daily exercise today, discuss with an adult

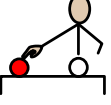
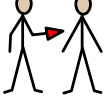



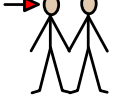

the following:

•       
What are your tips for crossing the road safely.

•        
Share three road dangers to look out for on





 
your journey.

•        
If there are a few parked cars, why is it important



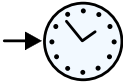

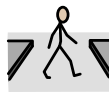
     
that you don't cross the road in between them?






Walking Safety Checklist


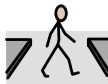
 I can  find the  safest place to  cross

 I can  stop a  safe distance from the  kerb

 I can  look and listen for  traffic

 I can  wait  until it is  safe to  cross

 I can  walk  sensibly,  without getting  distracted

 while  crossing the road.