

# Sensory Activity Touch: Dinosaur Ice

## You will need....

Toy dinosaurs, Ice cube trays or plastic pots, natural objects such as pine cones, leaves and wild flowers (these are things that can be collected from your garden or whilst out for your daily exercise) and tools to break the ice.



## Step 1

Fill your empty trays and pots with water and then place in your dinosaurs and collected objects.



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## Step 2

Place your filled pots in the freezer overnight so that they are solid and ready to explore the following day.

## Step 3

The following day take your frozen pots out of the freezer and empty out into a tray.



## Step 4

Use your tools (we used sticks and kitchen utensils) to try and break the dinosaurs free from the ice. If struggling, leave for a few hours to thaw. You can give them warm water or salt to see what effect they have on the melting ice.