

Alphabet Karate



Children will love drawing words in the air, karate style, in this active game which also develops motor planning.

How to play



Make sure that there is enough space so that you are not bumping into each other or knock against furniture!

Use Karate style movements - strong, firm, with hands out flat. Make large movements with the arms and hands (like 'chopping' movements), forming letters of the alphabet - Capitals work best initially.



Change the Game

- Increase the sequence until your child can form all the letters of the alphabet.
- Call out letters to make a simple word.
- Try numbers – you could even make some simple sums.
- If letters are not appropriate they could try making shapes.
- Try copying each other or making the shapes of letters in front of a mirror.