## Fiddly Fingers!!!

Let's get these fingers moving! Find here a variety of activities you can do at home. Which ones are you going to choose? Let's warm up. Wiggle those fingers....and let's get started!

- 1) Threading using threading beads and laces
- 2) Threading pasta
- 3) Twisting lids on water bottles (lid on and off)

4) Using pegs and pom poms

5) Using tweezers and little toys or pom poms or penne pasta

6) Pom Poms in bottles









- 7) Cutting using scissors (either adapted or regular scissors)
- 8) Playdough roll, squeeze and pinch the playdough. Make balls and play the piano on playdough. Use playdough cutters or playdough mats. Find playdough mats in the 'Challenge' area on the website. Join in a playdough disco : https://www.youtube.com/watch?v=DrBsNhwxzgc
- 9) Posting coins in money boxes or water bottles

10) Threading paper rolls

- 11) Sieve and pasta or pipe cleaners









