



Ingredients



Pre-heat the oven to



175°C/gas mark 5.







3 cups flour





1 teaspoon cinnamon





2 teaspoons ginger





1 teaspoon bicarbonate of sode

3





cup butter

3





cup sugar







½ cup golden syrup

1



1 egg









1. Mix flour, ginger, cinnamon, salt and



bicarbonate of soda.











2. Beat margarine and sugar in a large bowl with

electric mixer on medium until light and fluffy.

**3** =









3. Add golden syrup and egg.

4



4. Gradually

beat

in the



flour



mixture on low

speed until well mixed.

5





5. Press dough into a think flat disk.

6





<u>1</u>€

6. Roll out dough to 1/4 inch thickness on lightly floured

surface.

7



7. Cut into gingerbread men shapes.

8









8. Place on a greased baking tray and bake.

9



9. Decorate when cooled.