

Sensory Exploration Tray

You can create a fun sensory exploration tray with things that you have in your kitchen

Have a go at these recipes:

I would love to see some photos on evidence for learning.

Have fun

Pam



CLOUD DOUGH:

You will need:

1 cup Oil

6 cups Flour

1 cup Water

Food colouring



How to make it:

Mix all the ingredients into a bowl

Knead until pliable

POTATO DOUGH:

You will need:

5 potatoes

3 cups Flour



How to make it:

Bake potatoes, in their skins, until they are soft inside

Peel and then mash potatoes (throw skins away).

Combine a cup of flour to every four cups of mashed potato and roll until you form a great dough.

COFFEE DOUGH:

You will need:

4 cups Un-sifted all-purpose flour

1 cups Salt

1/4 cup Instant coffee

1 1/2 cup Warm water

How to make it:

1. Dissolve the coffee in the warm water.
2. In another bowl, mix the flour and the salt.
3. Make a hole in this and add 1 cup of the coffee water into it.
4. Mix with a fork or hands until smooth.
5. Add more coffee water if needed: dough should be smooth and satiny, not sticky or crumbly.

SPAGHETTI PLAY:

This is great fun to play with in a large bowl or tray. It will also stick to paper without glue!

You will need:

- Spaghetti noodles or other pasta noodles

How to make it:

Boil the spaghetti for 8-10 minutes in water with food colouring.

Drain, but DO NOT rinse.

Put into a container and support exploration.