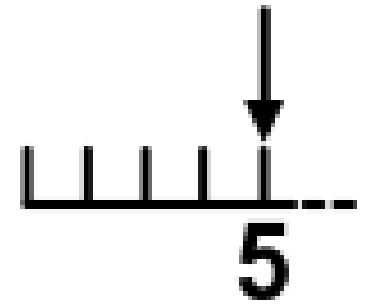




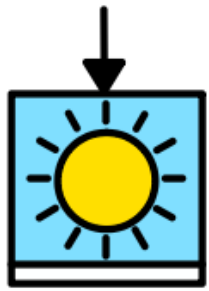
Friday



June



5th



Today is



Art

+

and



PSHE

### Art and PSHE: Draw yourself as a Superhero!

- Draw or colour in an outline of a Superhero as if it was you. You may have a side kick such as a superhero pet.
- What super qualities would you like to have that would help other people have a better day?
  - It could be, being able to be super helpful
  - Or being amazing at making people laugh and smile
  - You are fantastic at helping your mum or dad
  - You are great at tidying up
- Get an adult to write down these qualities around your superhero picture.
- Remember you can have more than one quality.
- Give yourself a superhero name.

### Make Rainbow cup cakes:

The rainbow decoration lets us know that we are thinking about all the keyworkers that are helping lots of people all over the country. This week we have been concentrating on the amazing people who work and help us when we visit the hospital.

Once you have made and decorated your cakes share them with some everyday heroes that you know.

The pencil sweets can be bought in any of the main supermarkets.

Please see the symbolised cake recipe.

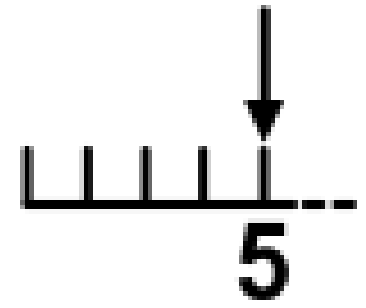




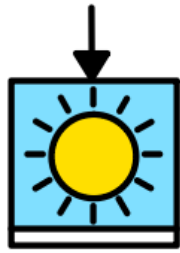
Friday



June



5th



Today is



Touching



Sensory



Activity

### Ice rainbow discoveries

#### What you will need:

- A variety of objects that represent the colours of the rainbow or, you could use multi-coloured fruit and vegetables.
- A large bowl, water and a freezer.

#### How to make it and what to do.

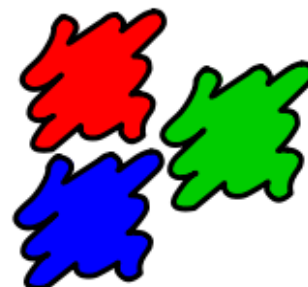
- Find some objects from around the house that can be frozen.
- If you didn't want to find objects you could freeze different coloured fruit or vegetables.
- Put in a large bowl and place in the freezer overnight.
- Once it is frozen let your child touch and watch as the ice melts and they discover the frozen delights.
- You could give them some salt or warm water so that they can sprinkle it on top of some of the ice.
- Watch your child's facial expressions as they notice what is happening to the ice when the salt or warm water is sprinkled onto it.



ice



ice



colours



colours