

## **English: Poems**

We are going to write a special type of poem called an Acrostic Poem.

These poems start with one word. The words we are going to use are 'superheroes' who work in our hospitals. The poem either has a word or sentence for each letter. The poem is about the superhero you have chosen.

### **How to write a Superhero Acrostic Poem**

- Here are our Superhero words: Nurse, Doctor, Porter, Cleaner, Cook, Surgeon.
- We need to know what jobs these people do in the hospital. Match the job description to each of the superheroes (please see the activity sheet Superheroes Who Work in the Hospital).
- Pick one of the words I've chosen Nurse.
- Turn the word on its side like this N

U R

S

E



- Using the word ideas sheet, add words or sentences that describe or say amazing things about the superhero you have chosen. You can write the poem yourself or you can tell it to an adult. You can use symbols.
- Here is my poem: N Nice and caring

U Understanding and a good listener

U Understanding

Nice

R Really helpful in an emergency

R Ready

Ν

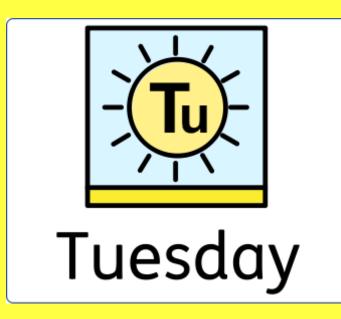
S Sees who needs help

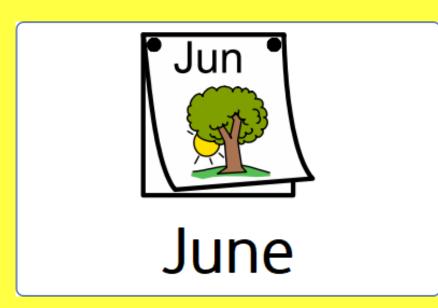
S Sees

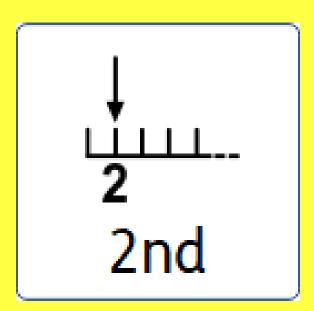
E Energy to do a hard job.

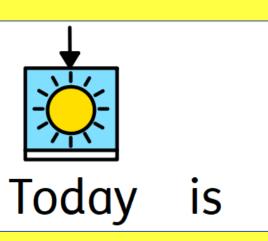
E Emergency

- Draw a picture of your chosen Superhero.
- Try making up some more poems about the other Superheroes.

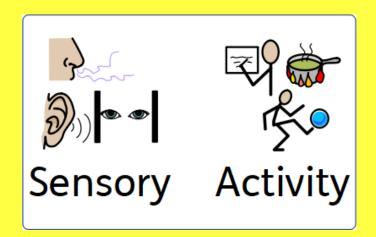
















# **Sensory Activity: Hearing**

### **Hidden sounds**

You will need: a screen door or cardboard, things from around the house that make a sound.

- Find some different things from around the house or outside that make a noise, such as musical instruments or toys.
- Both of you run through the sounds that each object makes a few times.
- Now hide the items behind a cardboard screen or a door and make one of the sounds.

 From behind the screen/door, bring out 2 objects and ask your child which sound did they hear. Play the 2 sounds if they need a clue.

# Making a rainbow sensory bottle shaker You will need:

- A clean and dry plastic bottle with lid.
- Rainbow coloured pom-poms or other things to put in the bottle.
- A handful of rice.
- Some ribbon
- A screwdriver

# Musical Shakers



# How to make the bottle shaker

- First put the coloured pom-poms into the bottle.
- There are lots of *colour, counting* and *sorting* related learning points and things to talk about at this point. Do they know their colours? Can they sort the pom-poms into groups of colour? How many?
- Put in the rice. This will give a bit of noise when the bottles are shaken and it doesn't detract from the colours. You could use lots of other things too like pasta, seeds, bells, couscous etc.
- Now for the rainbow ribbon lid. A grown up will need to make a hole in the lid with the screwdriver to thread the
  ribbon through. Then you need to prepare your ribbons.
- Thread the ribbons through the lid. Once through tie the rainbow ribbons in a tight and thick knot.
- Then pop your lid on the bottle and hey presto.
- A visual treat to turn, twist, tip and spin! Your child can enjoy looking at all the racing and tumbling colours and of course it makes a fantastic noise.
- You could use it when singing "I Can Sing a Rainbow" song or when everyone claps for all Keyworkers on a Thursday at 8:00pm.