

<u>Weight</u> – Heavy or light?

Name one object and ask your child to tell you another object which weighs heavier or lighter. For the next turn, change roles.

Mix up a lot of things in a container. Use fruits, vegetables, toys, Lego, blocks, beads, smaller utensils and other objects which you think can be included in this activity.

Which feels the heaviest? Which feels the lightest? Can you place the items in order of weight.

Extension: Are bigger or taller objects heavier when compared to smaller or shorter objects?

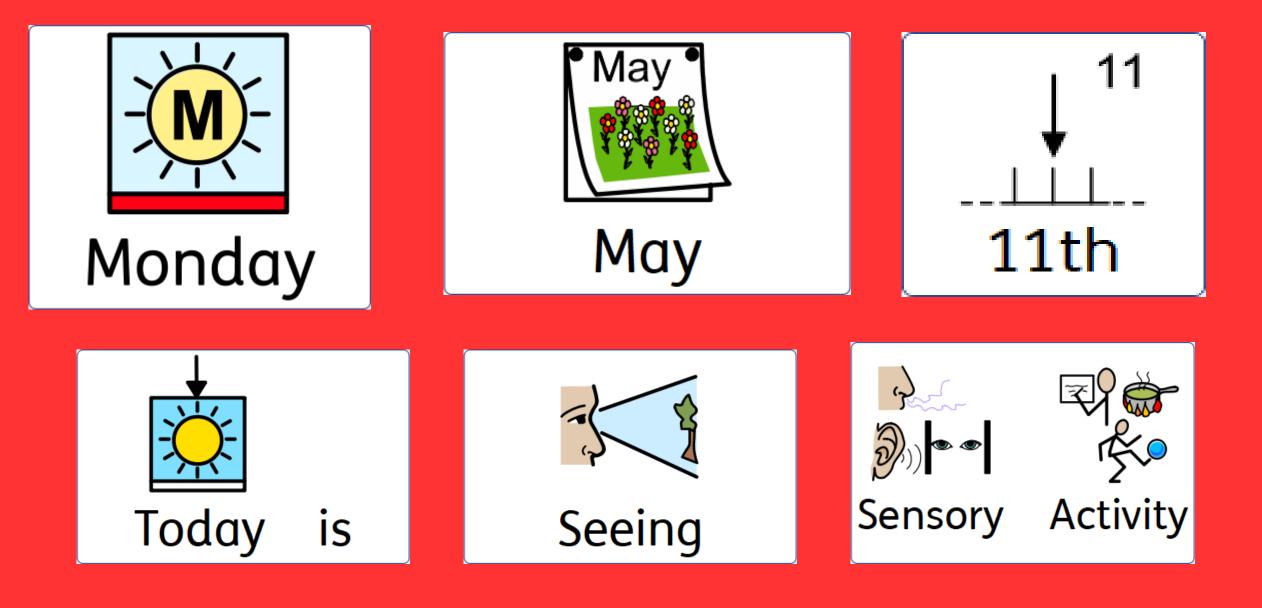
Make your own balance scales

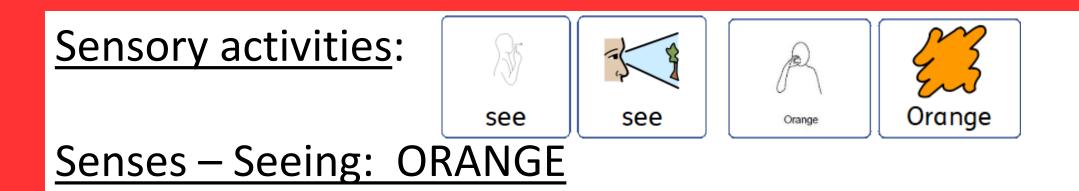




Use kitchen weighing scales to compare items around the house. Can you read the scales? How many grams does it weigh? Which is the heaviest item? Which is the lightest? Put them in order.

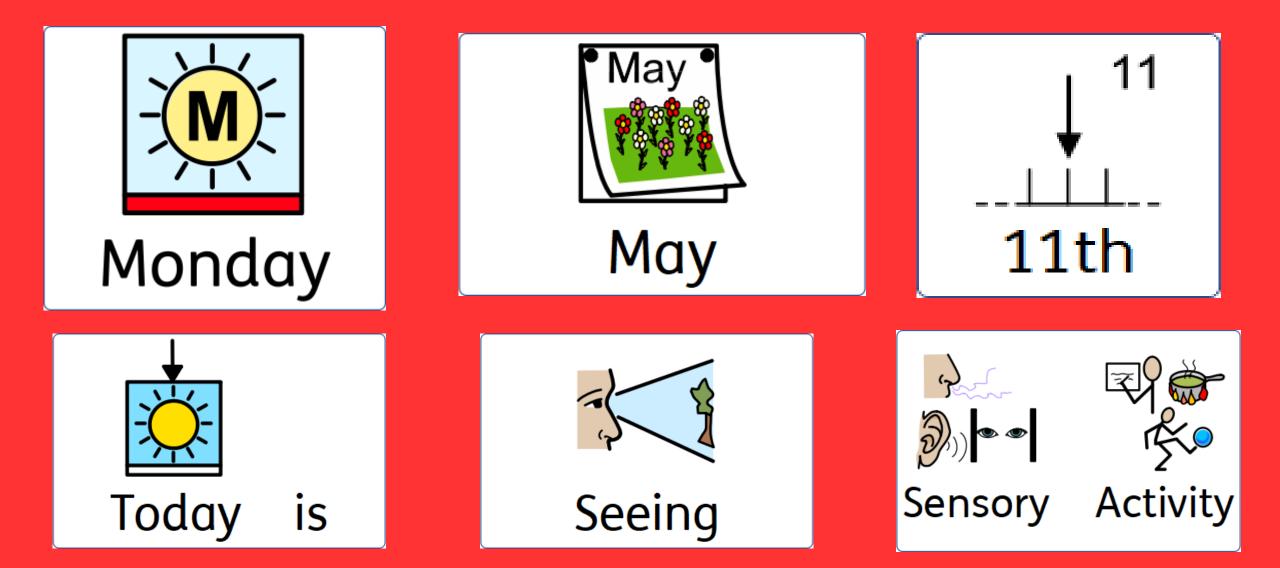
Use bathroom scales to weight bigger objects. Can you read the scales in kilograms? Who is the heaviest in your family who is the lightest?





Find items at home that are orange.

- Offer two different objects of different colours and encourage child to select colour of the day. Repeat with different objects.
- Hide objects in a tray of sand/rice/leaves explore and search for the orange objects,.
- Find the colour of the day at mealtimes using fruit and vegetables.
- Use any orange materials to make picture of a object.



## Sensory activities:

Find some photographs of your child and others in the family. Talk about who is in the photographs. Ask questions e.g. Where is..... Who is this?

Explore facial features then use a mirror

Where is .....? Where is ....?

Here she/he is Here she/he is

Together point out different features on the face.

Can you find your nose?

Looking in the mirror Looking in the mirror

Here she/he is Here she/he is (Frere Jacques tune) Where are you eyes?

Touch your ears.

Poke out your tongue.

Make funny faces.