

Painting with Balloons

Equipment

You will need:

- 6 balloons (red, orange, yellow, green, blue and purple)
- A paint palette (or some plates)
- Large sheet of paper and coloured paint (red, orange, yellow, green, blue and purple)

These balloons are not water balloons, we used regular party balloons filled with air as they are much stronger. We only inflated the balloons slightly, providing enough volume for small hands to hold and grasp.

Place the green balloon in the green paint, the red balloon into the red paint and so on.



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The rainbow coloured balloons inspired a rainbow pattern painting which started off by creating large blobs of paint prints onto the paper. It later ended up in a sensory messy experience with rolling balloons and all the paint mixed together into one brown paint colour. It was so much fun!



SOME IDEAS:

- Count out loud as each blob of paint is pressed onto the paper with the balloon.
- Mix the paints and create new colours.
- Use the painted paper as gift wrap or as a book cover.

