

# Sensory Playdoh



## Recipe

- One cup of flour
- quarter cup of salt
- half cup of warm water
- 2 tablespoon of oil
- Few drops of food colouring and flavouring e.g. mint, orange, lemon (optional)

## Method

- Encourage your child to measure out the ingredients.
- Mix the flour, salt and water together and knead.
- Add oil and knead.
- Add food colouring and knead.
- Knead all the ingredients together until they are completely mixed in.
- Store in a air tight container to use again.