

# Balloons for Textural Sensory Balloons

Texture balloons are great fun and easy to make.  
They are surprisingly tough and can take a good squeeze.

## Materials needed

- Balloons
- Fillers: Sand, Salt, Cornflour, Marbles, Rice, Slime or Gel
- Funnel (or you can make one by rolling up a sheet of paper)

## How to make Textural Sensory Balloons

Blow up your balloon and let it hold air for a minute.  
This really stretches the balloon to make for a larger texture balloon.

Fill the balloons and tie the top securely - try and get any air out of the balloons before tying.



# Texture Balloon Activity

Set out little bowls filled with each of the materials used to fill the balloons. Feel the balloons and try to match them to the correct material. This leads to lots of guessing, fun and great language development as you talk about what your child is feeling.

