

Crackin' cress heads experiment!

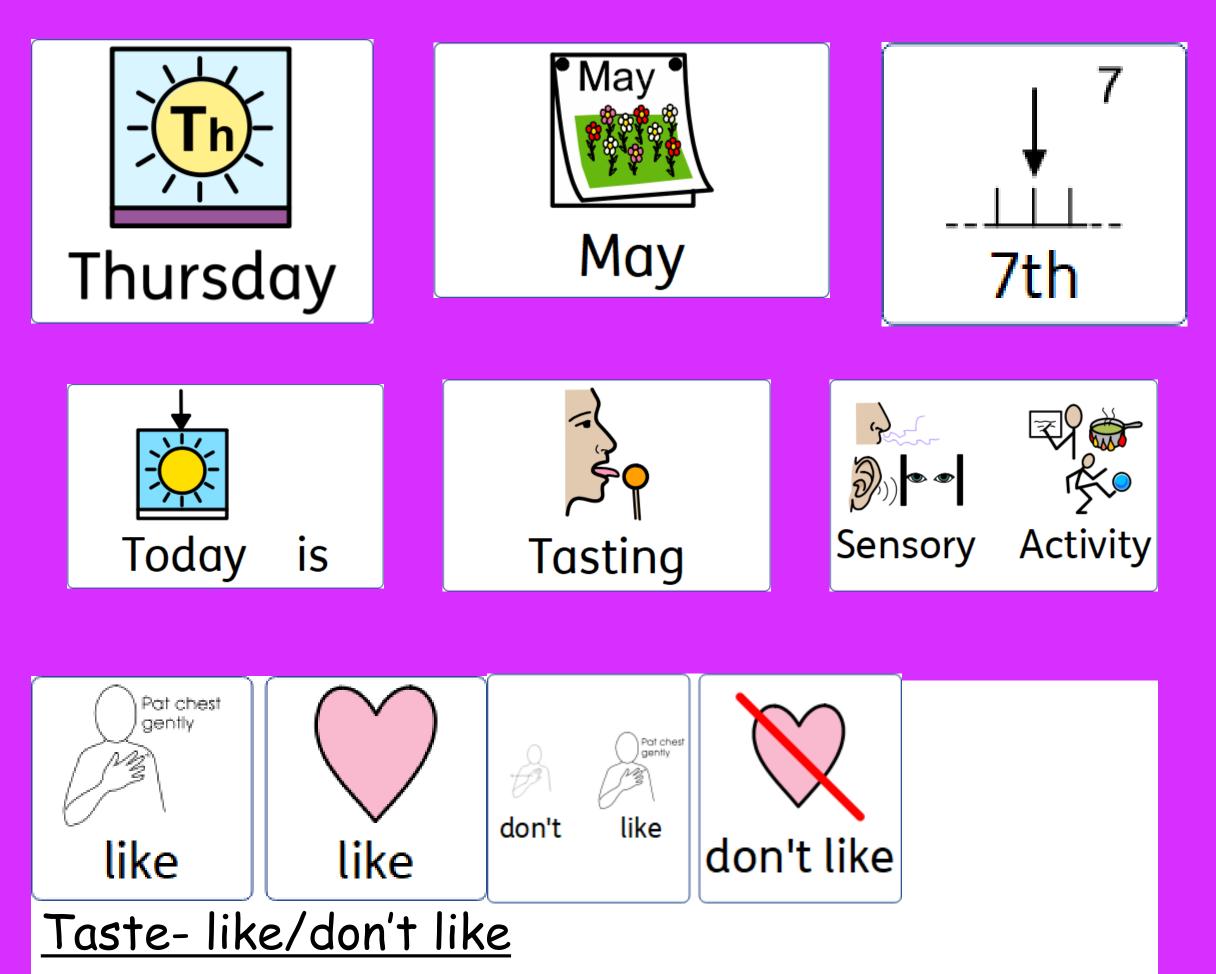
Make sure you watch the video named 'Crackin cress heads' if you can.

You will need: Egg (s) shell Cress Cotton balls/ paper towel Felt-tips or acrylic paint

Instructions:

1. Carefully crack your egg. Empty the shells (save the eggs for another time), then carefully wash them out.

- 2. Decorate the shells with pens or paint, then leave them to dry.
- 3. Dip the cotton wool balls in a little water, squeezing off any excess.
- 4. Place 1 ball inside each shell, then sprinkle 1 tsp or a pinch of cress seeds onto each one.
- 5. Sit the filled shells in egg-cups or on a tray and leave in a dry, well-lit place for a week a windowsill is perfect.
- 6. What happens to your egg?



Gather all condiments together you have in your house. For example ketchup, pesto, mayonnaise, marmite or mustard.

Using a teaspoon see if your child will taste the condiment. Do they like it? How do you know?

Also you might like to have a go at making a Pizza! See activity sheet named 'Pizza'.