

## Investigating weight



You can use different things to weigh.



When we are cooking we can measure ingredients



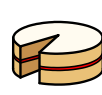
by using scales, spoons and cups.



For these recipes we are going to be using spoons.



You will need a teaspoon and a tablespoon.



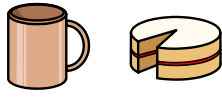
Did you know you can make a cake in a mug?



Here are some recipes that use spoons to weigh the



ingredients and you cook in a mug.



Sponge Mug cake



Ingredients



2 tablespoons



Butter

4



4 tablespoons



of self



raising



flour



2 tablespoons



sugar



1 tablespoon



milk

$\frac{1}{4}$

1/4



teaspoon



baking powder

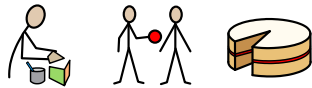
1

1



Egg

?



How to make your cake.:

1



1. Ask a grown up to help you find a mug that you can



put in the microwave.



Get your spoons and a fork.

2



2. Put 2 tablespoons Butter into the mug.

3



3045



3. Microwave for 30-45 seconds or until melted.

4



4. Add the flour, sugar, baking powder, milk and the cracked egg.

5



5. Mix with a fork.

6



4560



6. Microwave for 45-60 seconds or until cake pulls



away from sides and top,

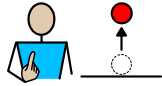


Chocolate mug cake

4



4 tbsp



self-raising



flour

4



4 tbsp



caster sugar

2



2 tbsp



cocoa powder

1



1 egg

3



3 tbsp



milk

3



3 tbsp













vegetable oil





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










sunflower oil

**1**          
1. Ask a grown up to help you find a mug that you can

   
put in the microwave.





**2**      
2. Get your spoons and a fork.






**3**  **4**        
3. Put 4 tbsp self-raising flour into the mug.

**4**  **4**      
4. Put 4 tbsp caster sugar into the mug.

**5**  **2**      
5. Put 2 tbsp cocoa powder into the mug.

**6**    
6. Mix with the fork.

**7**      
7. Crack the egg and put into the mug.

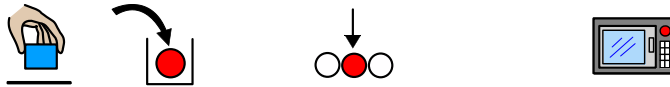
**8**  **3**   and **3**      
8. Put 3 tbsp milk, and 3 tbsp oil into the mug

9



9. Mix together with a fork.

10



10. Put into the middle of the microwave.

11



11, Cook on high for 1½ -2 mins, or until it has stopped rising



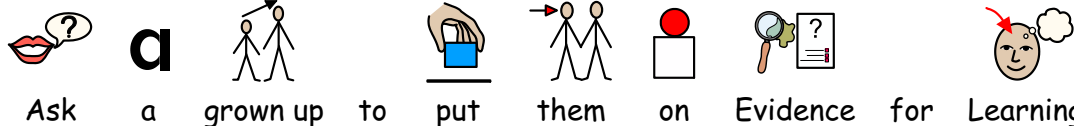
and is firm to the touch.



You could experiment adding different flavours!!



I would love to see photos of your cakes.



Ask a grown up to put them on Evidence for Learning.

 P  
Pam