

Sensory Umbrella



Sensory activities facilitate exploration and encourage young people to use all their senses. They encourage investigation and promote hand eye co-ordination.

Sensory umbrellas are very easy and adaptable things to make and will engage your young person as they are very highly immersive and mobile.

When creating them the only limitation is your imagination. Include tactile objects they can feel, hang things that make sounds they can hear or use bright colourful objects they can see as this will provide visual stimulation.

I have included a few images for ideas, but I would love to see your own creations.



Have Fun

Pam