

## Make your own Sensory paint.

Last week Sarah-Grace showed you how to make natural paint brushes.

This week why not try some of these recipes and make sensory paint to use the brushes?



### Rainbow Finger Paints:

#### **What you need:**

$\frac{1}{2}$  cup Corn flour

3 cups cold water

Food Colouring (red, yellow, green, blue)

#### **How to make the paint:**

- ✚ In a large bowl, place corn flour and blend in 1 cup water.
- ✚ Add remaining water.
- ✚ Microwave on high 8-9 minutes or until thickened, stirring every 2 minutes.
- ✚ Pour  $\frac{1}{2}$  cup thickened mixture into small bowls.
- ✚ Add desired food colouring.
- ✚ Allow to cool.

### Scratch and Sniff Paint 1

#### **What you need:**

- ✚ Peppermint, orange, and any of your favourite extracts.

#### **How to make the paint:**

- ✚ Mix a few drops of extract to paint.
- ✚ Paint a picture and leave to dry
- ✚ Scratch and smell the different scents.

## Scratch and Sniff Paint II

### What you need:

- ✚ Jelly crystals
- ✚ Glue

### How to make the paint:

- ✚ Mix together jelly crystals and glue.
- ✚ Make up different colours.
- ✚ Make a picture or pattern on stiff card
- ✚ Leave to dry.
- ✚ Scratch picture to release smell.

## Corn Flour Paint

### What you need:

- ✚ 3 teaspoons corn flour
- ✚ 2 teaspoons white vinegar
- ✚ Food colouring

### How to make the paint:

- ✚ Mix 3 teaspoons corn flour and 2 teaspoons white vinegar in a small jar.
- ✚ Add several drops of food colour until you have reached the right colour consistency.

Corn flour paint is a very smooth paint that will adhere on most paintable surfaces.

## Snow Paint

### What you need:

- ✚  $\frac{1}{2}$  cup flour
- ✚  $\frac{1}{2}$  cup salt

$\frac{1}{2}$  cup water

### How to make the paint:

- Mix together  $\frac{1}{2}$  cup flour,  $\frac{1}{2}$  cup salt and  $\frac{1}{2}$  cup water.

Try using a small sponge for a brush, paint snow pictures on dark coloured paper.

This paint gives a great three-dimensional effect.

- Let the picture dry thoroughly.

You could try using regular paints on top of the snow paint after it dries.

Or try putting it into a squeeze bottle and "painting" pictures this way!

### Weird Finger Paint

#### What you need & how to make it:

Try adding food colouring to any one of these to make your own finger paint:

- ✚ Toothpaste
- ✚ Vanilla yoghurt
- ✚ Shaving foam
- ✚ Hand lotion
- ✚ Vaseline

I hope you have fun with these different paints. You could try and make up some recipes of your own.

I would love to see some pictures of your fab creations.

Have fun!

Pam.

