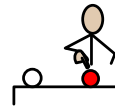
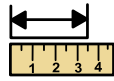
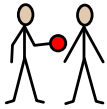
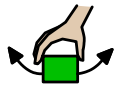
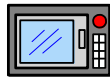


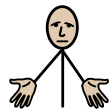
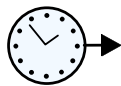
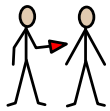
Measuring using cups and spoons.



Use your measuring skills to make this yummy



flapjack in the microwave.



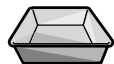
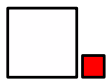
You will need



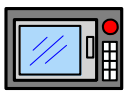
Butter, brown sugar and golden syrup



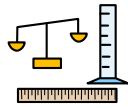
A bowl, a cup, a tablespoon, a wooden spoon and a



small baking tray.



Microwave Flapjack



$\frac{1}{2}$



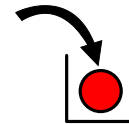
1. Measure $\frac{1}{2}$ a cup butter and put into



a bowl.



5



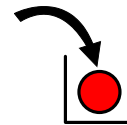
2. Put 5 tablespoons brown sugar into a



bowl.





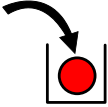

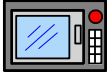
2








3. Put 2 tablespoons golden syrup into a







bowl.




4.  Put the  bowl  into  in the  microwave for 1 min


to melt.

5  Measure 1  cup of  oats and  mix with the  butter


mixture.

6.  Cook in  microwave  for  5 mins.

7. Put into a  small  baking tray to  set.


Enjoy.