



Grandpa's Vegetable Patch

Edible Sensory Recipe

You will need:

Chocolate sponge

Carrots with tops

Spinach

Cabbage

Cooked beetroot

Cooked potatoes

Method

1. Crumble the sponge into the tray (this will be the edible soil).
2. Add some of the carrots to the tray, leaving the green tops on for the children to explore. Add the spinach, cabbage, beetroot and potato.
3. Play! Let the children explore the different sizes, smells, tastes and textures of the vegetables.

*This recipe is intended to be used as soon as it has been made and not to be stored for future use.

