

Choose



an

appropriate

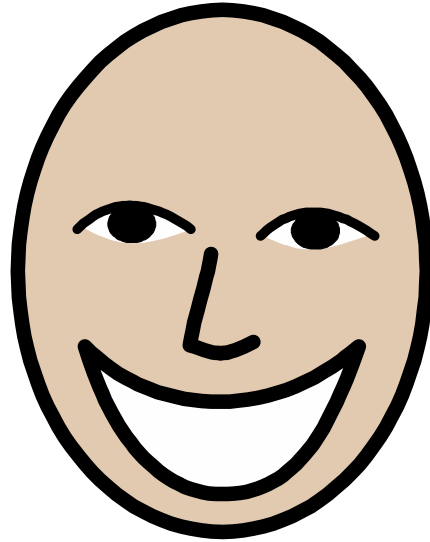


task

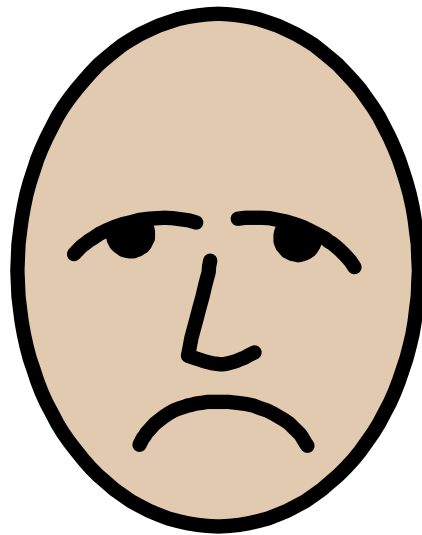
to



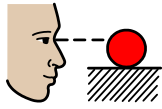
complete



happy

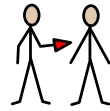
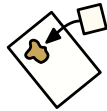


sad



1) Look at the pictures. Are they **Happy** or **Sad**?





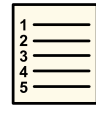
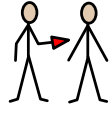
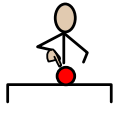
2) Draw, or cut + stick things that make you feel:



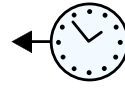
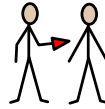
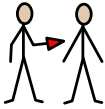
**Happy**



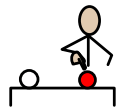
**Sad**



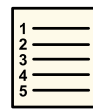
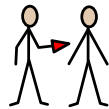
3) What makes you feel happy? Write a list.



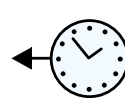
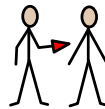
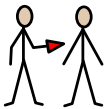
Can you remember a time you were happy? Why



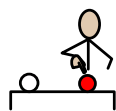
did you feel like this?



What makes you feel sad? Write a list.



Can you remember a time you were sad? Why



did you feel like this? What did you do about it?