










Random acts of kindness

I am sure that every day, you do something kind. This week, think of one new or different way that
 you can be kind each day. There are ideas for you on the next page! I would love to see what
 you do so please share on Evidence for Learning or with your bubble group.

 Monday	 Tuesday	 Wednesday	 Thursday	 Friday	 Saturday	 Sunday



Random acts of kindness ideas

<p> Give a compliment to someone e.g. you are great at drawing or you make me laugh!</p>	<p> Do a household job without being expected to or asked.</p>	<p> Tell someone at home why they are special to you.</p>	<p> Call a friend or family member to say hello.</p>	<p> Bring a cool drink of water or a cup of tea (as appropriate) to a family member</p>	<p> Teach someone something new.</p>	<p> Ask if a family member needs some help.</p>
<p> Ask someone at home or in your bubble how they feel today.</p>	<p> Write a thank you note to your bin collection workers or the post man/woman and leave it for them to find.</p>	<p> Think of three things you are happy for and tell a friend or someone at home</p>	<p> Share a song, poem, joke or dance with someone in your bubble or at home</p>	<p> At the end of the day, tidy your room or a space in the classroom without being asked.</p>	<p> Draw someone at home or in your bubble a picture of something you think they would like.</p>	<p> Read your favourite part of a book with someone in your bubble or at home.</p>