

Balloons in Water

Sensory play with the water balloons is a great opportunity for children to explore and use descriptive words, describing their senses and what they were feeling; slippery, slimy, soft, squishy and heavy.

Materials:

- Balloons
- A bath or paddling pool with water in it.

Instructions:

Fill about 30 balloons with a small amount of water and tie a knot.
Place them in the water.



The balloons naturally have a small amount of air in them as this helps make them float in the water.