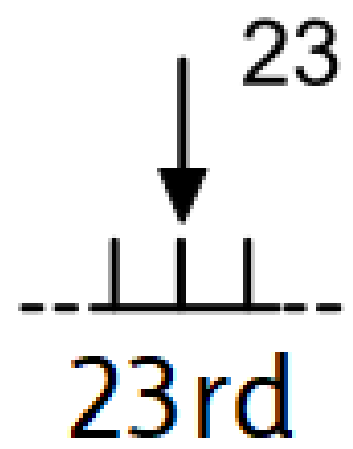


Tuesday



June



Sensory



Activities



Clothespeg Challenge!

You will need:

- clothes basket
- container of pegs
- a 2p or 10p coin or a small pompom

Sensory benefits: motor planning; fine motor skills; hand-eye co-ordination; social-emotional skills

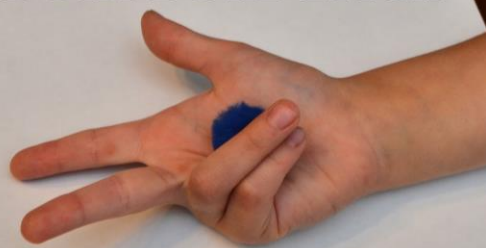
If your child is able to, go on a clothes hunt around the house and fill the basket. You could add directions such as, “Go into your bedroom, look in the top drawer of your cabinet and get a pair of socks”. Add as much information as your child can process at a time, with a little challenge to add a bit more.

Otherwise have a selection of clothes ready in the basket. Explore the colours, textures and even sounds of the fabrics.

Now pick up a coin or pompom and show your child how to press it against their palm with their ring and little finger. This leaves the thumb, forefinger and middle finger free to pick up a peg and squeeze the peg open and shut. (This is to help master a tripod grip).

Have fun choosing clothes and pinning them to each other on top of the clothes you’re already wearing! A scarf could hang from your collar, a sock could be pegged to your trousers – the aim is to have fun, maybe be a bit silly and also practise an important skill 😊

Pom Pom Trick



a simple trick to help kids learn to hold a pencil correctly!

iHeartSpeech.com



The Tripod Grip

