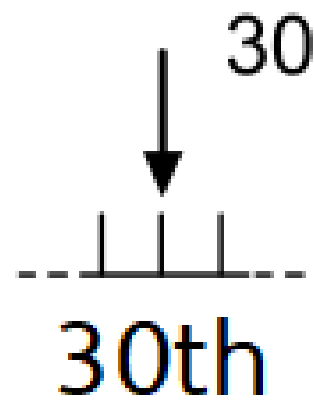


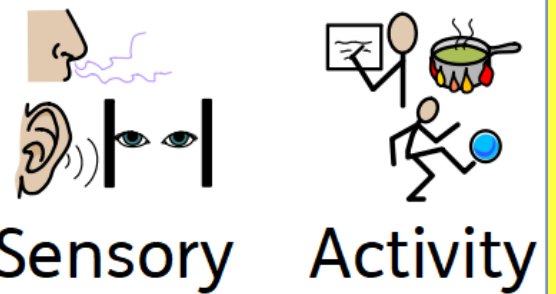
Tuesday



June



30th



Sensory

Activity

## Marble Run!

A lovely art activity which also has great sensory benefits – and beautiful masterpieces to keep and share!

### You will need:

- A shallow tray, baking tin or cardboard box (pizza box is ideal)
- Plain paper cut to fit in the base of the tray or box
- Washable paint in different colours – or make your own homemade paint
- Paper/plastic cups
- Teaspoons
- Marbles

**Sensory benefits:** tactile, proprioceptive; motor planning, hand-eye co-ordination, bilateral co-ordination (ability to use both sides of the body simultaneously)

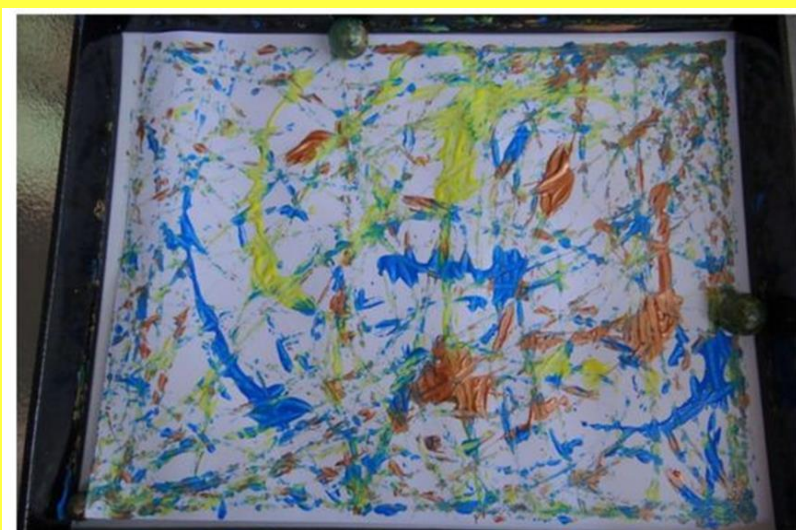
### Homemade paint:

Mix one heaped tablespoon of flour (plain or cornflour) and 2-3 tablespoons of water. Add gel food colourings for intense colours – liquid colourings will make paler colours.



### What to do:

- Put a spoonful of paint into a cup. Add a marble and stir with a spoon.
- \* Lift the marble with the spoon and put onto the paper in the tray/box.
- \* This is the fun bit! Tip and tilt the tray/box to move the marble on the paper and make trails. Add different coloured paint and marbles or try several marbles at the same time.
- \* If your child struggles to hold the tray, sit opposite them and tip and tilt together.
- \* Try standing whilst making a trail! Now try balancing on one foot!
- \* Once you're happy with your design, remove the marbles, carefully lift out the paper and leave to dry. You could sprinkle with glitter for sparkly pictures.



You could make your trail into a card and send it to a friend!

Please send us a photo of your creations! 😊