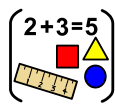
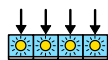


Monday



Maths

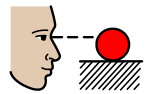
If you want to do more activities there are lots more on our website



Daily



Activity:



Look at

the



Investigating,



weight

& positional



language



pages.



Choose

1

one (or



more)



with

the



right

level of



challenge.



Topic:



Recycle

a



Coke

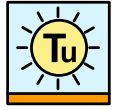


Bottle



into

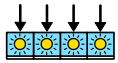
a Terrarium.



Tuesday

(ABC)

English



Daily



Activity:

1



writing task

+

1



reading task



(see



the attached



worksheets).



Topic:

It is

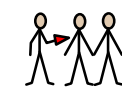


vital

that you



look after



yourself

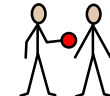


physically

of course. However,



taking care of



your



mental health

is just as



important.

Take a



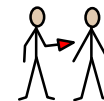
'mindfulness



walk' to



help



you

become



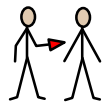
more



aware



of how



you

are



feeling.

Use the



attached



'Mindful



Walking'



sheet

to



guide

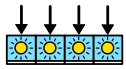
you.



Wednesday



PSHE



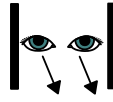
Daily



Activity



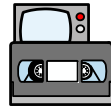
Feelings.



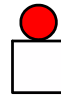
Watch



Pam's



video



on

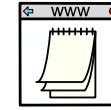
the



home

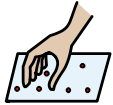


learning



site,

then



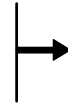
choose



an appropriate



challenge



from

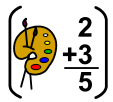
the



'feelings



tasks'



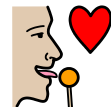
Topic:



Cook



some



delicious

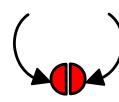


and



easy

to



make



bread



wraps

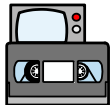


with

Sarah-Grace.



See

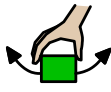


the

video



and

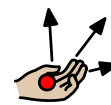


use

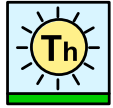
the



recipe



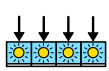
available.



Thursday



Life Skills



Daily



Activity:



Complete



the



cleaning



at



home



prompt



sheet



and



see

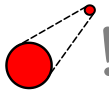


Sarah-Grace's



video

for



further



tips

to



help



with

the



hoovering.



Topic:



Next



level

Taiko

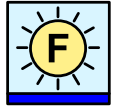


drumming



with

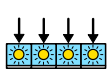
Tamsin.



Friday



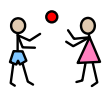
Communication



Daily



Activity:



Play

the



feelings



game.



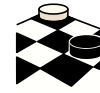
You

will



find

the



game



board

and



instructions



in

the



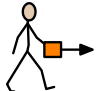
resources



area.



Topic:



Take



part



in

a



musical

activity-



choose

an



'Adventure



in

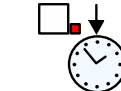


Space'

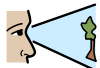
or 'A



Peaceful



Moment'.



See



instructions



in



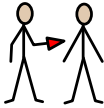
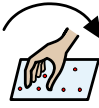
the








resources















area.

  for  to  try.

 a  sensory  story  from  Pete.

Have a  multi-sensory  musical  experience  from  Sarah-Grace.

Create a  sensory  umbrella  with  Pam.

Create a  themed  sensory  experience  in  your  home  from  Suzy.