# How to create an 'immersive' multisensory experience in the comfort of your own home!

Theme: <u>George's Marvellous medicine By Roald Dahl</u> \*story includes links to you tube\*

#### Brief

Why are we doing this? In order to develop your child's communication skills, we need to use things that motivate them to communicate. We want to teach them to effectively and appropriately communicate 'I like this', 'I don't like this', 'I want more', 'I want this to finish'. This could be through physical actions - reaching, pushing away; facial expressions - smiling, frowning; vocalisations - happy/sad noises, or other methods individual to your child.

Gather the resources in a quiet, distraction free learning space. You will need stimulating items your child can explore in different ways (as appropriate) You know your child best, so choose things you know will engage them

- Tactile objects they can feel
- Sounds they can hear
- Things they can smell
- Objects they can see
- Flavours they can taste

### My example:

To experience aspects of the story/poem using simple items found around your home. Can be completed in one session as a complete story or have certain parts used as the focus. Please use as much or as little as you would like/ feel appropriate. Stories will all be different in length and are designed to take at your own child's pace. They can be paused, repeated and re visited at anytime as per your child's own preference and to help build anticipation to aid your child's responses.

#### You will need:

- Jelly
- Shaving foam or squirty cream
- Water (for play) or water spray
- Juice of your choice
- Dry ready brek or oats/ icing sugar, or both!
- Selection of herbs (fresh or dry)
- Golden syrup
- For pop/ explode your choice of: bubbles, bubble wrap, sauce pan, drum, popping candy
- Fan
- Candle (to be lit)
- Bath bomb/fizzy drink.
- Sea shells (or similar)
- Sand paper or spikey ball

## Story- first two versus.

"George is fed up with how Grandma treats him and wants to teach her a lesson!"

"So give me a bug and a jumping flea" (listen <a href="https://www.youtube.com/watch?v=uYLi4AlHNml">https://www.youtube.com/watch?v=uYLi4AlHNml</a> of cartoon jumping sound effect) note any responses your child may have.

"Give me two snails and lizard and three" (feel sea shells and feel sand paper)
Does your child like the texture? How do they show you this?

"And a slimy squiggler from the sea" (feel jelly and play with water/ spray water spray. Explore shaving foam/ squirty cream) What parts, if any does your child prefer? Do they indicate whether they want more or finished?

"And the poisonous sting of a bumblebee" (Listen to bee sound effect) https://www.youtube.com/watch?v=ioABrt2RUcE

"And the juice from the fruit of the ju-jube tree" (drink juice of your choice)

"And the powered bone of a wombat's knee" (feel dry ready brek/ oats or icing sugar, sprinkle, encourage exploration by putting hands in, maybe dig with spoons?) Which does your child prefer? Do they return to any of them? Do they like the texture?

"And one hundred things as well"

"Each with a rather nasty smell" (Smell various fresh/ dry herbs) Do they like the smell? Which do they prefer?

"I'll stir them up, I'll boil them long, a mixture tough, a mixture strong" (put some of the above ingredients into the bowl and encourage mixing)

"And then, heigh-ho, and down it.....g-o-e-s!"....a nice big spoonful, hold you're nose!" (offer a spoonful of golden syrup/ taste) "Just gulp it down and have no fear.

"How do you like it Granny dear?"

"Will she go pop? Will she explode?" (blow bubbles, pop bubble wrap, bang saucepan, bang drum (when you say pop and explode), taste popping candy or alternatively put popping candy in water and listen to the popping) Note any responses made.

"Will she go flying down the road?" (turn fan on when you say flying)

"Will she go poof in a puff of smoke? (lite candle and blow out- let your child watch/smell the smoke that is realised)

"Start fizzing like a can of coke? (put bath bomb in water- watch and listen to the fizz)

"Who knows? Not I. Lets wait and see (I'm glad it's neither you nor me). Oh grandma, if you only knew what I have got in store for you!"

THE END.