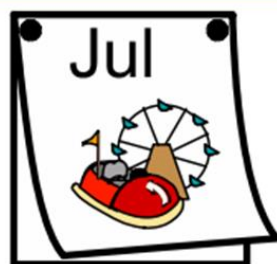
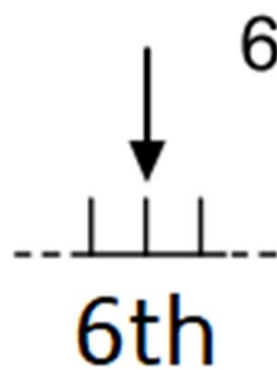


Monday



July



6th



Sensory



Activity

Laser Maze!

Have fun making a cool laser maze obstacle course in your hallway or maybe outside.

You will need:

Crepe paper roll (about 5cm wide) cut from a large roll
Masking tape

You could use knitting wool but this will be harder to see so great for an extra challenge.

What to do:

Tape one end of the crepe paper roll to a door frame at one end of your hallway and then work your way down criss-crossing as you go, sticking the crepe paper to each side of the hallway to create a laser maze effect. Keep it simple to start with so there is a high chance of success to encourage your child.

Now you can take it in turns to try and creep through the maze trying not to touch the crepe paper! Maybe play some action music as a countdown:

Mission Impossible Theme 😊

<https://www.youtube.com/watch?v=Nvz5AyrxLBY>

Sensory benefits: gross motor skills, motor planning, crossing the midline, social-emotional skills



You could have a family scoreboard!
Who will be the Laser Maze Champion?
Please send us photos or videos on

