

Sensory play using cornflour

You can use cornflour to make a range of different sensory texture.

Below you will find some recipes for you to try.

If using food colouring please read the label as some stain !

Gloop:

Gloop is an interesting mixture with a unique texture and is great for sensory play.

You will need:

2 cups of cornflour

1 cup of water

Food Colouring, optional.

A large container or bowl

Pour the cornflour into the bowl and add a few drops of food colouring, if using, and then slowly add the cup of water.

You will be able to make a range of different textures as you begin to add more water.

Gloop will seem solid when it is touched but then it can be moulded and becomes wet.



Snow cloud dough:



You will need:

Cornflour

Vegetable oil

Peppermint flavouring, optional.

A large container or bowl

Put 4 cups of cornflour and 1 cup of vegetable oil in the bowl with a few drops of flavouring i

Support your young person to mix and knead the mixture with their fingers to create a crumbly-textured dough.

Get them to squeeze the mixture together in their small hands and see how it holds its shape. Then get them to make it all crumbly again using their fingertips.

You could also add some white or silver glitter to make your snow cloud dough super sparkly!

This can be made into squishy mouldable snow dough instead of crumbly dough.

All you need to do changed the ingredients to 1 cup of conditioner and 2 cups of cornflour.



Slime:



You will need:

Basil seeds

Cornflour

Water

Food colouring, optional, Large bowl

Measure 1/4 cup of basil seeds into a bowl and add one full 16oz box of cornflour.

Mix them together

Add food colouring (if desired) to 2.5 cups of water.

Add the water to your cornflour and seed mixture and stir well.

You will ultimately end up kneading the slime like bread dough as over the span of 5 minutes, the seeds will begin to absorb the water and it will begin to thicken the mixture.

If you find any clumps of seeds while kneading, break them up with your fingers.

Once the slime is completely uniform feeling - you're good to go!

Cornflour Paint:

You will need:

1 tbs cornflour

1 tbs cold water

1 cup boiling water

2 drops gel food colouring

Mix cornflour and cold water together until creamy.

Add boiling water and stir until thick.

Divide into small disposable containers and add a few drops of selected food colourings to each one.



Playdough:

You will need:

1 part conditioner.

2 parts corn flour.

Food colouring (optional)

Large bowl



Pour corn flour and conditioner into a bowl.

Mix well.

Add a few drops of food colouring.

Mix well using your hands. ...

Have FUN moulding, squishing, shaping and playing with your new Playdough!

Dish Soap and Cornflour - Silly Putty or Slime:

You will need:

3 tablespoons of dish soap

4 tablespoons of cornflour



The exact ratio may vary depending on what type of dish soap you use and if you want your putty slimy or more like putty/dough.

If using an eco-friendly brands, you may need to use almost 6 tablespoons of cornflour for 3 tablespoons of dish soap.

You can also add in food colouring and glitter.

Have fun playing!!

Pam

