How to create an 'immersive' multisensory experience in the comfort of your own home!

Theme: The tiger that came to tea by Judith Kerr *story includes links to you tube*

Brief

Why are we doing this? In order to develop your child's communication skills, we need to use things that motivate them to communicate. We want to teach them to effectively and appropriately communicate 'I like this', 'I don't like this', 'I want more', 'I want this to finish'. This could be through physical actions - reaching, pushing away; facial expressions - smiling, frowning; vocalisations - happy/sad noises, or other methods individual to your child.

Gather the resources in a quiet, distraction free learning space. You will need stimulating items your child can explore in different ways (as appropriate) You know your child best, so choose things you know will engage them

- Tactile objects they can feel
- Sounds they can hear
- Things they can smell
- Objects they can see
- Flavours they can taste

My example:

To experience aspects of the story/poem using simple items found around your home. Can be completed in one session as a complete story or have certain parts used as the focus. Please use as much or as little as you would like/ feel appropriate. Stories will all be different in length and are designed to take at your own child's pace. They can be paused, repeated and re visited at anytime as per your child's own preference and to help build anticipation to aid your child's responses.

You will need:

- Bell or something similar
- Bicycle bell
- White gloop (This is made by adding corn flour to water)
- Milk or milk alternative
- Tasters of- sandwiches, buns, biscuits and cake or others you may prefer
- Water for play
- Water in a spray
- Orange water in a spray bottle (This can be made by adding orange flavouring or orange essential oil to water) alternatively you could just smell or taste an actual orange
- Tea bags/ loose tea
- Rice filled empty water bottle or shaker
- Set of metal keys
- Saucepans
- Fur/soft materials/soft toy tiger
- Bubbles/ bubble bath
- Dark blanket
- Torch/light

Suggested places to present story:

- Picnic cloth in the garden
- In the kitchen
- At the dining table
- Or anywhere of your choosing.

Story

"Once there was a little girl called Sophie, and she was having tea with her mummy in the kitchen. Suddenly there was a ring at the door" (ring bell or listen to door bell sound effect https://www.youtube.com/watch?v=hvD8t7uzD7k)

"Sophie's mummy said, I wonder who that can be" It can't be the milkman because he came this morning" (play with gloop, taste milk) Does your child like or dis like the texture? How long will they tolerate this?

"And it can't be the boy from the grocer because this isn't the day he comes" (ring bicycle bell or listen to bicycle bell sound effect https://www.youtube.com/watch?v=sphC3Xge8CQ) Does your child like this noise? How do they show this?

"And it can't be daddy because he's got his key" (rustle keys, shake, also try shaking in metal saucepan for louder effect) "We'd better open the door and see" (open and shut a door, repeat as often as needed. Try and build anticipation by saying again "who's at the door" and wait for response) Does this work for your child? Are they responsive to this?

"Sophie opened the door, and there was a big, furry, stripy tiger (feel fur, soft materials or soft toy tiger) "The tiger said 'excuse me, but I'm very hungry. Do you think I could have tea with you?" (change tone in voice) "Sophie's mummy said, 'of course, come in'" Does your child show a preference, as to which fabric or texture they prefer?

Tasting portion of the story. Offer your child edible items in line with the text.

"So, the tiger came into the kitchen and sat down at the table." Sophie's mummy said, 'would you like a sandwich?'. He took all the sandwiches on the plate and swallowed them, in one big mouthful". "OWP!" And he still looked hungry, So Sophie passed him the buns". "But again, the tiger didn't eat just one bun. He ate all the buns on the dish. And then he ate all the biscuits and all the cake, until there was nothing left to eat on the table" (take all the food away) Does your child express they want more? If so, how do they do this?

"So Sophie's mummy said, 'would you like a drink?' And the tiger drank all the milk in the milk jug and all the tea in the tea pot" (play with tea bags/ loose tea,

encourage your child to smell and explore) Does your child like the smell? Do they pull away or move away to show dis like? Do they express that they want more or finished? How do they indicate this?

"And then he looked round the kitchen to see what else he could find. He ate all the supper that was cooking in the saucepans" (bang saucepans) and all the food in the fridge, and all the packets and tins in the cupboard, (shake rice) and he drank all the milk, and all the orange juice (spray orange water) and all daddy's beer, and all the water in the tap" (spray water spray/ play with water) How does your child respond to each of these props?

"Then he said, 'thank you for my nice tea. I think I'd better go now' (change tone in voice) And he went' (open/ shut door)

"Sophie's mummy said, 'I don't know what to do. I've got nothing for Daddy's supper, the tiger has eaten it all' And Sophie found she couldn't have her bath because the tiger had drunk all the water in the tap" (spray water spray, explore bubble bath in water, blow bubbles) Note any responses made.

"Just then Sophie's daddy came home" (rustle keys and open/shut door) So Sophie and her mummy told him what had happened, and how the tiger had eaten all the food and drunk all the drink"

"And Sophie's daddy said. 'I know what we'll do.' 'I've got a very good idea'. We'll put on our coats and go to a café'" "So they went out in the dark, (hide under blanket) and all the street lamps were lit, (shine torch or light) and all the cars had their lights on, (play car sound effect https://www.youtube.com/watch?v=-rvc63Ez6DM) and they walked down the road to the café". Does your child respond differently in the dark? Do they like the light? Can your child track the light at all?

"And they had a lovely supper with sausages and chips and ice cream. In the morning Sophie and mummy went shopping and they bought lots more things to

eat" And they also bought a very big tin of tiger food, in case the tiger should come to tea again
"But he never did!"
THE END.