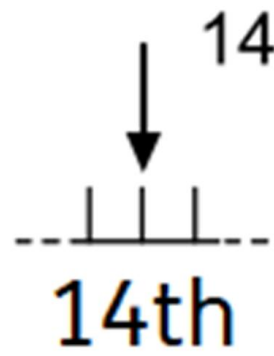


Tuesday



July



14th



Sensory



Activity

Boxy Buildings!

Most children love an empty box 😊 And the sensory benefits are great too. Use this activity to let your child explore balance, form, space, shape – and let their imagination get busy.

Sensory Benefits: tactile, visual; motor planning, gross motor skills, fine motor skills, social-emotional skills

You will need:

- Lots of different boxes – different shapes and sizes and some with closable lids
- Masking tape
- Pens

We love to see what you get up to so please send us a photo or video on



What to do:

- This activity works really well inside or outside.
- Pile up the boxes and place inside the largest box. Have the masking tape and pens nearby, ready for when inspiration strikes!
- Invite your child to:
 - build towers, stack boxes inside each other, make into 'steps',
 - use as 'shoes' or gloves and move around with them on,
 - sort into categories – small to big, shape, colour, texture, weight
 - collect items to put in the boxes
 - pretend the boxes are.... a rocket, a toy's bed, a boat, a car, a robot.....
 - maybe link to a favourite story?

Children are great at finding their own interpretations and encouraging them to communicate this to you is a great way to show interest and 'enter their world'. Let them lead their play – and see what happens!

