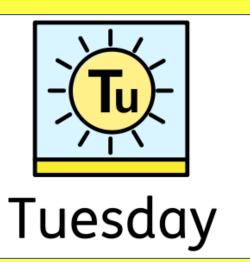
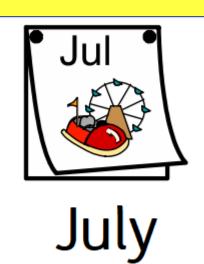


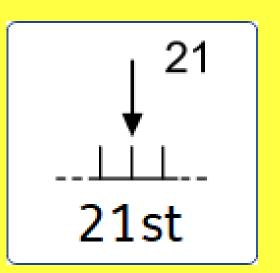
3 and 4

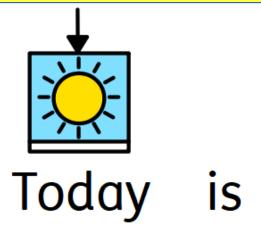
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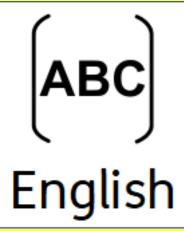
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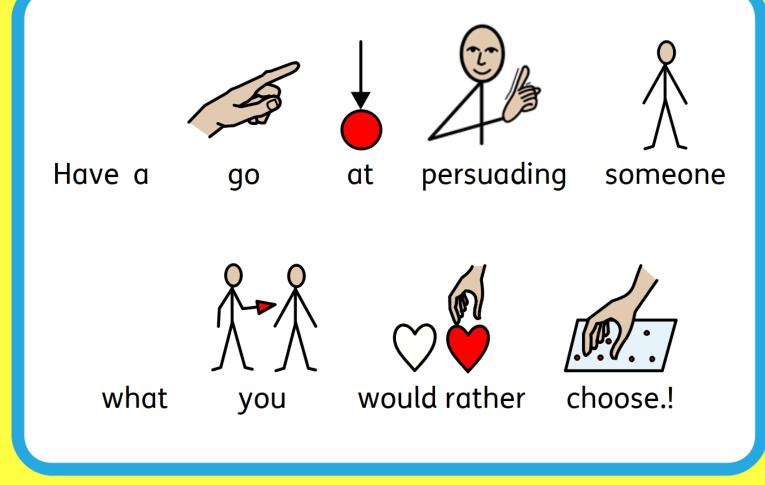


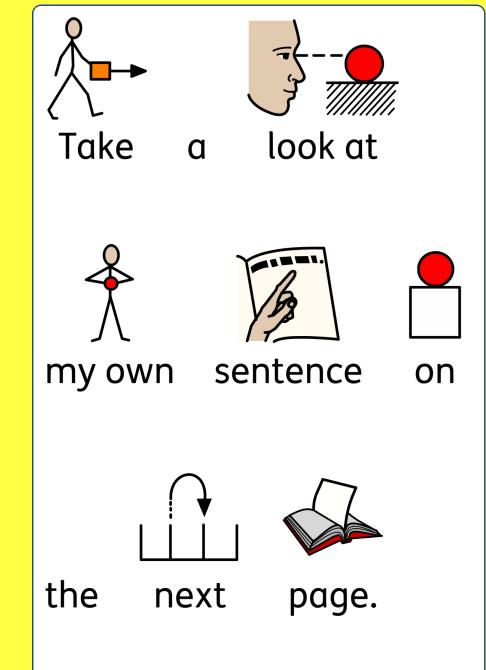


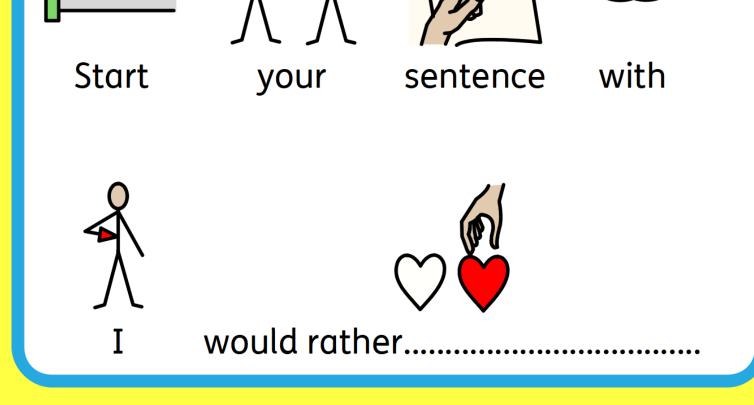


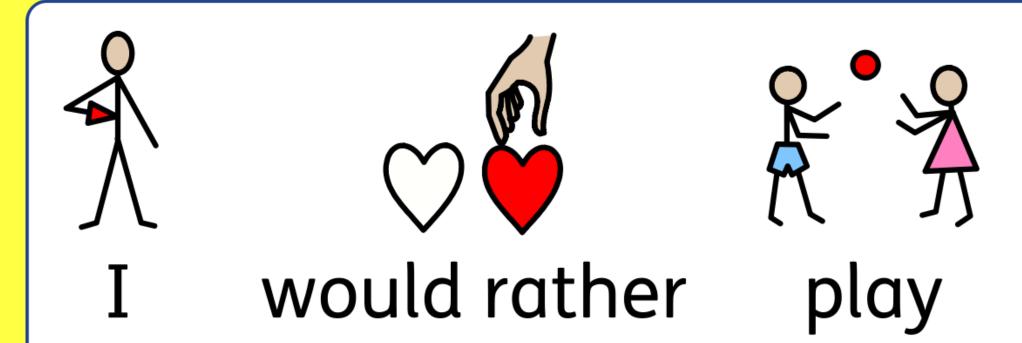






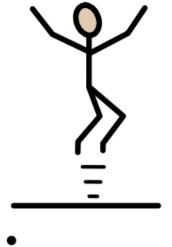






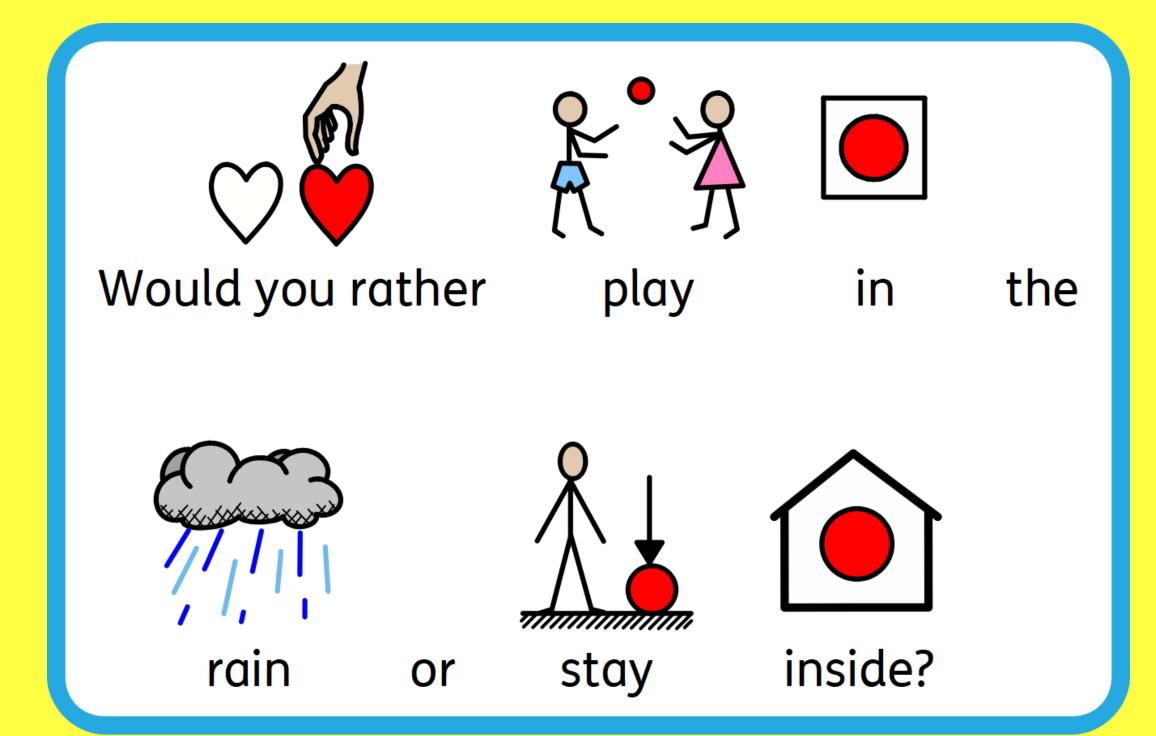


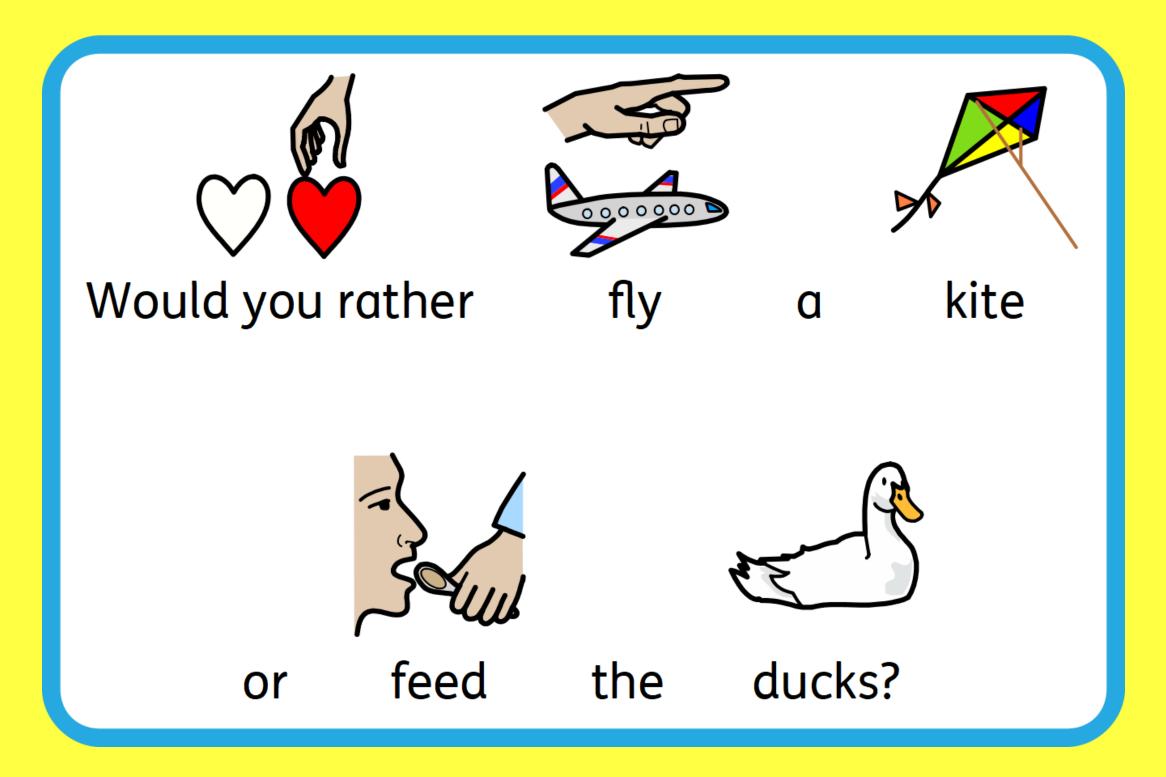
in the rain because

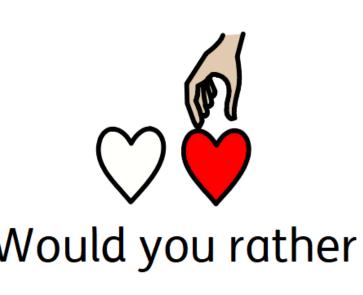


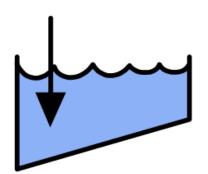


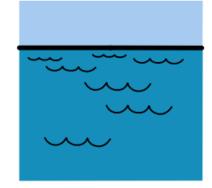
I can jump in puddles.











Would you rather be a

deep

sea



diver



or an astronaut







live



in a place that was always

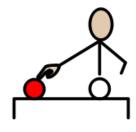


hot

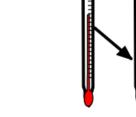
or a



place

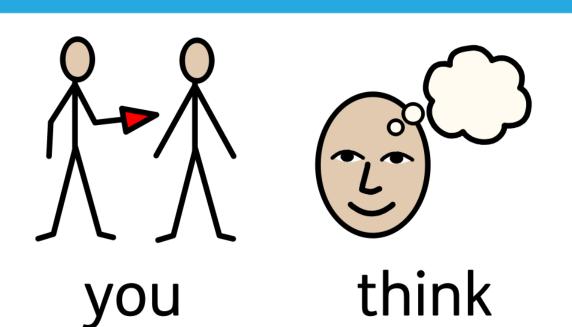


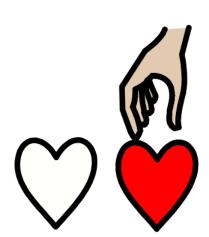
that



was always

cold?

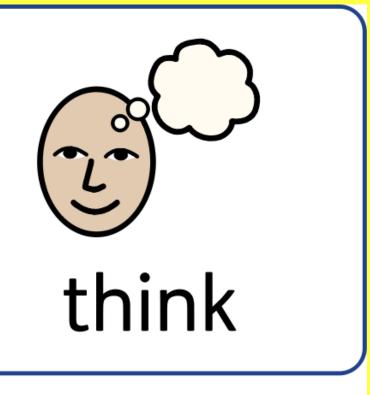








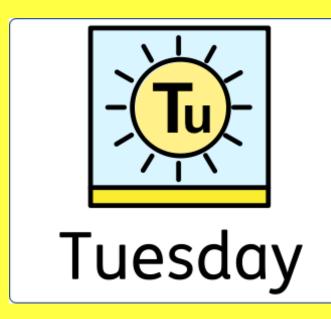
of any

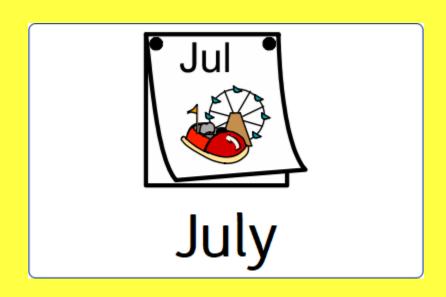


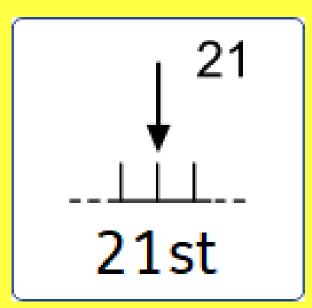
Can

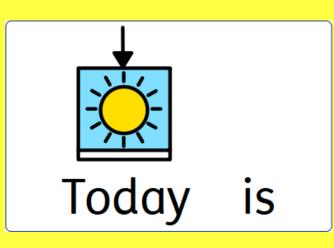


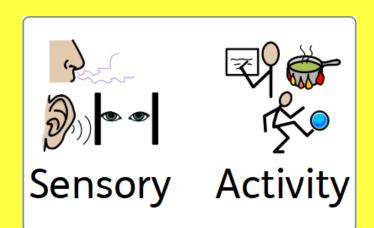














Feather Blowing

Watching feathers can be fascinating because they move slowly and respond to the slightest current.

Goals

- ❖ Eye hand coordination
- ❖ Partner Play
- Breath control and modulation
- Visual, proprioceptive, and vestibular input.

Materials

Small feathers

Setup

To be at eye level with each other if playing together.

Instructions

Demonstrate how to cup your hands in anticipation of catching a floating feather. Softly blow a feather and have your partner catch it. Give as little or as much help as is needed.

Take turns being the blower and the catcher.

Variations

- 1) Get family members to join is and sit in a circle blowing the feather from one person to the next.
- 2) Each person to blow a feather up and catch it with their hands.
- 3) Use a balloon instead of a feather. Or blow up the balloon, then let it go and have the child try to catch it as it flies around the room!