

Beach



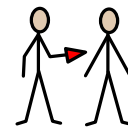
Safety



At the



beach



you



have

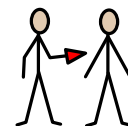


lots of



fun

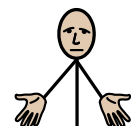
but



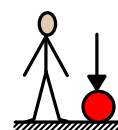
you



also



need

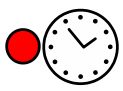


to

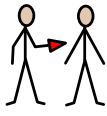
stay



safe.



Before



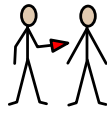
you



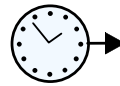
go to



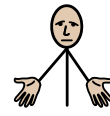
the beach



you



will



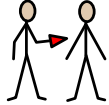
need to



make



sure



you



have:

-



Sun cream

+

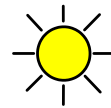


and sun hat

+



maybe



sun



glasses.

-

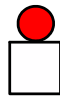


Something

to



sit



on

or



maybe

an



umbrella

or



tent

for



shade.

-



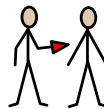
Bucket and spade.

-



Swimming costume

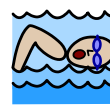
or wetsuit if



you

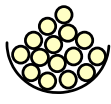


want to



swim .

-



Plenty

to



drink

+



maybe



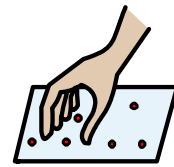
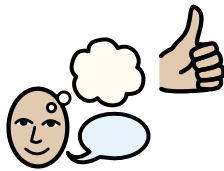
food



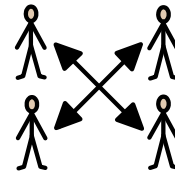
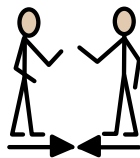
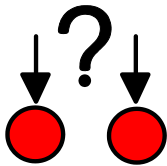
too.



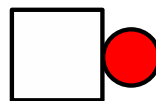
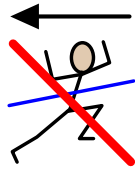
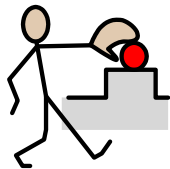
The beach can be busy so it



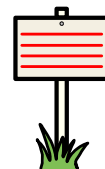
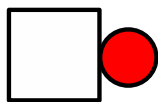
might be a good idea to choose



somewhere to meet if anyone



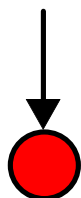
gets lost. Maybe by a shop



or by the beach safety sign.

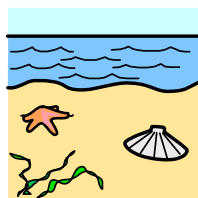


When

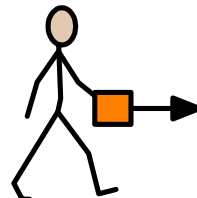


at

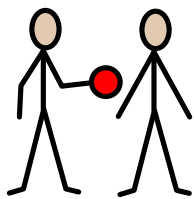
the



beach



take

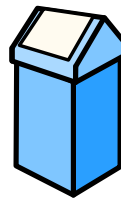


your



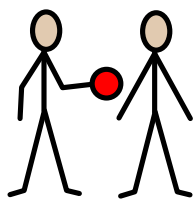
rubbish

to the



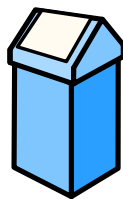
bin

or

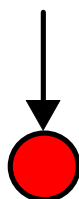


to

your



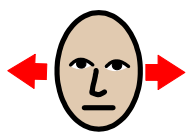
bin



at



home.

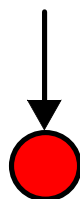


Do not



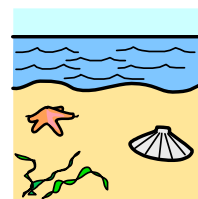
leave

it


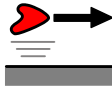
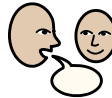
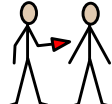






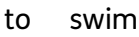




at

the



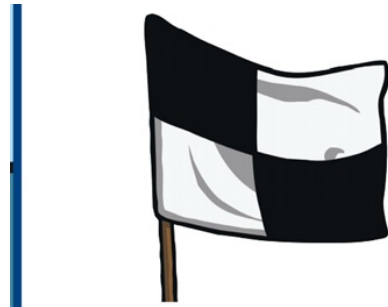
beach.








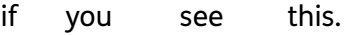
The  flags  flying  tell  you  if it is  safe  to swim

 Safe  to swim  and  life  guards  
 are watching

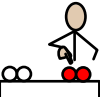



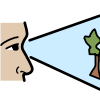





 Safe  to stand up  surf  between  
 these  flags



 Red  flag  is a  danger  flag -  
 do not  swim  if you see this.



 These  flags  can  be seen  from  the beach  and  the water.



Make



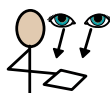
a poster

or

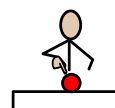


leaflet

to



show



what



you



know



about



beach



safety.