



2017-2018
FAMILY
NEWSLETTER



Friday 6th October 2017

No. 67

Message from Jacqui Warne:

Dear Parents & Carers,

Dates for your Diary

October:

Learn to Live College (19-25) Open Evening & AGM
– Thur 19th

Non Uniform day – Fri 20th

Half Term – Mon 23rd to Fri 27th

Tasty Tues – Tues 31st

November:

Quiz night – Fri 10th

Occasional Day – Mon 27th

December:

Christmas Bingo – Fri 1st

Christmas Bazar – Fri 8th

Last Day of Term – Fri 15th

LAST CALL FOR ANY DATA COLLECTION & PERMISSION FORMS!

Please return completed forms to the School Office asap. Thank you.

Date for your Diary – Thursday 19th October 2017 - The Learn to Live College (19-25) will be holding their Open Evening and AGM in the Main Hall at Bodley House, Exeter from 5.30 pm – 7.00pm. Learn to Live 19-25 is a community interest company so it is important that anyone with an interest in the organisation is invited to attend. The evening will include a short meeting followed by some discussions about the future development of the 19-25 College. You are welcome to join us. Tea, coffee and cake will be served.

Non School Uniform Day – Friday 20th October. Further details will follow from the PTFA!

Diarrhoea & Vomiting – There are no current reported cases of gastroenteritis at Ellen Tinkham School, but please can you bear in mind the following:

This very infectious virus is usually spread through the faecal oral route (ie not washing hands properly after going to the toilet), through hand to hand contact, on toys, or indirectly through food or water. The virus may also be spread through the air in droplets after vomiting or when coughing or sneezing.

It is important to clean up carefully when someone has been sick as vomit is very infectious.

The symptoms may occur singularly or in combination and the illness usually lasts only a short time and requires no specific treatment. However, should blood



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be present in the faeces/diarrhoea, or if a child appears particularly unwell, a doctor should be consulted as soon as possible.

Please also pay strict attention to your child's personal hygiene at home as it is important to reduce the spread of the disease. Everyone should always wash hands with liquid soap after going to the toilet and before eating food; if possible designate one toilet for anyone who displays any D&V symptoms; use a bleach solution to clean toilets and clean door handles, flush handle and light switches – remember children hold onto different parts of the toilet and doors than an adult.

If your child displays any symptoms, they MUST be kept away from school for *at least 48 hours AFTER* the last episode of diarrhoea and/or vomiting. If you have any concerns about your child's health, please speak to your GP. Further advice is available by phoning NHS 111.

Thank you for helping to keep the school as virus-free as possible!

Change in the Weather – We've been seeing some beautiful Autumnal mornings and sunny days recently, but very soon the temperature will unfortunately start to drop! Our pupils go outside at playtimes and as part of their curriculum also enjoy lessons in the open air. Please ensure your child comes to school with a suitable (and clearly named) coat for these activities. Thank you.

Message from Orange Class:

If any of you have any crafts or complete Lego pieces with instructions please could you send them into school. Orange class are looking for things that they can make & do especially if they are able to complete them by following instructions. .

Message from Deb Norman:

Please save these dates in your diary's - more details to follow nearer the time

31st October -Tasty Tuesday- bring some money to buy some Halloween treats

10th November – Quiz night at ETS College

1st December – Christmas Bingo

8th December – Santa's grotto at the Christmas bazaar

CAN YOU HELP OUR CYCLE CHALLENGE?



What is the cycle challenge?

We are aiming to cycle the distance between Exeter and South Africa (8796 miles) between the months of October 2017 and March 2018.

How?

To get people cycling for us and “clock” the miles, commit to completing a certain mileage in a set time, cycle for the first time, static cycles in the gym, home or at venues/events.

Why?

To raise awareness of the South Africa Expedition and fundraise towards the cost of the trip, encourage more people to cycle and be more active. Keep our students actively involved in their fundraising campaign.

How can you help?

Send us “your mileage” so it can be recorded and build towards the total, get sponsors for your miles, do a sponsored ride, get sponsored to “ride to work every day for a month”, hold your own static cycle stall at any event and encourage others to do some miles and donate, let us know of any venues/ events we may be able to cycle and have donation buckets at, spread the word and get yourself involved!

Dates and places of future cycling events and venues will be published as and when they are due to take place.

Please contact Deb Norman at Ellen Tinkham School if you would like to get involved or can be of any help with this challenge dnorman@ellentinkham.devon.sch.uk tel: 01392 463826

The Great West Run:

We have nine members of staff who will be running in this year's Great West Run taking place on Sunday 15th October starting at 9am from Exeter Arena.

Debbie Purcell, Helen Baxter, Kristana Hardy, Rebecca Dunn, Petricia Perry, Deb Norman & Shannon Norman are all raising funds for Ellen Tinkham's South Africa Expedition.

Katie Galliford is raising funds for Samaritans.

Alex Copp is raising funds for Pete's Dragons.

If you would like to make a donation please could you send it into school in an envelope clearly marked with which of the above charity's you would like to sponsor.

All our amazing runners would be very grateful if you are able to support them on the day with claps & cheers as they run from Exeter Arena through to the City Centre.

Message from Lesley Williams:

Reminder: Parent Governor Election- closing soon!

If you would like to stand for election, please complete and sign the nomination form attached, and return to either the school office addressed to Jacqui Warne as the returning officer, or email your nomination directly to the clerk to governors on: clerk@learntolivefederation.co.uk no later than 12 noon Monday 9th October 2017. If two or more nominations are received, an election by secret ballot will be held. If an election is required, details of the procedure will be sent to all parents.

Message from Dance in Devon:

'All Aboard' - an inclusive dance session for 0-5's and their families. Come along for some movement, creative play, dance and Cake! Saturday October 28th 2-3pm at Belmont Hut, Belmont Park, 2 Gordon Rd, Exeter EX1 2DH. Cost £1 per child. To find out more or to book a place email elizabethswinford@yahoo.co.uk or pipjones6@gmail.com

Message from Emma Allen:

Two films showing as part of the Lost weekend Festival:

7pm – 10pm Friday 6th / Saturday 7th / Sunday 8th October.

Here is the website for the festival: <http://www.lostweekend.co.uk/event/smile-by-catherine-cartwright/>



[SMILE by Catherine Cartwright](http://www.lostweekend.co.uk) [– Lost Weekend – Exeter](http://www.lostweekend.co.uk)

www.lostweekend.co.uk

7pm – 10pm Friday 6th / Saturday 7th / Sunday 8th. A projected animated portrait of young people from Ellen Tinkham College, a special college for 16-25 year olds.

Dodo Photo
35 New Bridge Street
Exeter, Devon EX4 3AH

The film will be on loop from 7-10pm on Friday, Saturday and Sunday. It will be showing in the window of Dodo Photo which is towards the bottom of Fore Street near to the Exe Bridges roundabout. The film will be viewed from the pavement - probably best from the other side of the road. BE Careful not to step into the traffic!! So therefore it is wheelchair accessible. There is no 'inside' entry and there are no facilities, i.e. no toilets. It is an 'outside' artwork - a bit like moving street art!

Message from Gill Allen:

Social opportunities available in Devon for young people who have additional needs and their families.

This information has been obtained from the DISC plus newsletter, you can access more information from the website. devon.integratedchildrensservices.co.uk/discplus/

Youth Inclusive Football Clubs

If there is not a club listed below in your area please contact Devon FA as a number of Coaching Sessions for children with disabilities run across the County. Devon FA are working to create new children's clubs.

To find out more about Devon FA contact:

Ashley Harris, Disability Football Development Officer

tel: 01626 323560 or mobile: 07912089838

Devon County FA, Coach Road, Newton

Abbot, TQ12 1EJ

ashley.harris@devonfa.com

www.devonfa.com or tweet: [@devon_fa](https://twitter.com/devon_fa)

Crediton AFC Youth Inclusive Mondays (6pm-7pm)

QE Academy Sports Hall, Crediton,

EX17 3LU

Ben Pidgeon

07539171494

ben.tttp@outlook.com

Exmouth Youth Inclusive

(Brixington Blues Youth FC)

Mondays (5.30pm-6.30pm)

Exmouth Community College Sports

Hall, EX8 3AF

Paul Cameron

07432186651

pcamero37@gmail.com

Newton Soccability FC Saturdays (10am-11am)

Coombeshead Academy, Newton

Abbot, TQ12 1PT

Ashley Harris

07912089838

ashley.harris@devonfa.com

Okehampton Argyle Youth FC Fridays

Okehampton Community College

Sports Hall, EX20 1PW

Ashley Harris

07912089838

ashley.harris@devonfa.com

Pinhoe Spartans Youth FC Fridays (6pm-7pm)

St. Lukes Sports College, Exeter,

EX1 3RD

Andy Barefoot

07866107579

andy.barefoot@virgin.net

Twyford Spartans FC (Tiverton) Sundays (11.30am-12.30pm)

Exe Valley Leisure Centre, Tiverton,

EX16 6SG

Jeff Rawlings

07753361836

jeffrawlings13@gmail.com

Tavistock Specials Juniors FC Fridays (6.00pm-7.00pm)

Tavistock Community College,

PL19 8DD

Allen Lewis

07749798808

redrum347@hotmail.com

VUE Cinema Exeter

Autism friendly screenings

at VUE Cinema Exeter, the screenings will happen on the last Sunday of every month, features include: No adverts or trailers before the film, higher than usual lighting levels, lower than usual sound levels, allowance for increased levels of movement and noise.

Screenings are always on the last Sunday of the month.

For details please check: www.myvue.com/accessibility

The Playpark Exeter

The King George V Playpark in Exeter is 6th in a list of the 30 most accessible and inclusive playgrounds IN THE WORLD and is the only one on the list from the UK! The Playpark is almost all wheelchair accessible, including a wheelchair swing and roundabout. Other features include widget symbols that parents can download before their visit and Braille signage around the park as well as nest swings, sensory equipment and much more. There is nearby free parking, with no steps to negotiate and a disabled toilet available.

For further information go to: www.theplaypark.co.uk

South West Autism Support Services

South West Autism can provide 1-1 enabling in the community or at their base in Exeter. Training in autism for parents and professionals, a monthly Saturday chill club for children to unwind after a tough week at school, a weekly Discovery Group for children aged 11+ and the very popular Girls Group and Lego Therapy. In addition they run holiday activities for children who already access our services. They also provide parent support to help unpick the behaviours and difficulties and suggest strategies to support the young people and their families.

If you would like to find out further information on any of the services please contact them or visit their website www.southwestautismsupport.com

Tel: 07582 608641

Email: southwestautism@gmail.com

Down's syndrome Support

Group for South Devon

Downsouth is the affiliated branch of the Down's syndrome Association for South Devon. They are a welcoming and friendly parent-led group set up to support children and adults with Down's Syndrome and their families, carers and friends. They are always available to talk to families when a baby is newly diagnosed with Down's syndrome and have members who are specially trained to give balanced information and provide a listening ear. They also offer support and information to professionals to enable them to help people with DS as best they can, and together raise awareness and campaign for better services for families. They have a number of social events planned for the summer and in the autumn are running a series of workshops for families. Membership of DownSouth is free to people with Down's syndrome and their families.

Contact: downsouthcharity@msn.com or

www.downsouth.org.uk to find out more, they would love to hear from you.

Wild Wise – Bush Craft Forest Ranger October 23 (half term). will take place at Dartington Estate from 10am-4pm for

children aged 8-12yrs. The cost for each day is £30.00 Each day will focus on different activities,

Drawing upon bush craft, field craft and nature awareness and including shelter building, fire craft, campfire cookery, woodcraft, making traditional weapons, natural cordage and weaving, natural remedies, potions and lotions. Wild Wise want to ensure there is lots of variety so they may run special activities such as Canoeing. For more details on each day go to: wildwise.co.uk/events

This is just a small selection from the newsletter if parents and Carers have information about clubs/activities/support please let me know and I will make sure the information is shared in the family newsletter.

Gill Allen

gallen@ellentinkham.devon.sch.uk

Enjoy the weekend.



Jacqui Warne
Executive Head



NOMINATION FORM

Election for a Parent Governor for the Learn to Live Federation, incorporating Bidwell Brook School, Ellen Tinkham School & Ellen Tinkham College.

Full name: _____ **Children in**

year(s): _____

Please select which School/College: Bidwell Brook Ellen Tinkham School Ellen Tinkham College

Pen Portrait (max 100 words) * to include life & work experience, and what you feel you can contribute

I wish to serve as a Parent Governor and to be a candidate if an election is necessary. I have read the rules regarding the eligibility to become a governor which I received with the nomination form and I confirm that I am eligible to serve as a Federation Governor.

Signed:

Date:

Please return this form to either school or college office addressed to Jacqui Warne as the returning officer, or email your nomination directly to the clerk to governors on:

clerk@learntolivefederation.co.uk no later than **12 noon Monday 9 October 2017**

* Please include a few details about yourself and why you would like to become a governor (not exceeding 100 words). This will then be circulated to all parents to help them decided who to vote for if an election is required. You do not have to complete this section, but if you don't you may put yourself at a disadvantage if there is an election