

SOUTH WEST  
**norse**

Fresh Ideas Feeding Minds

# Spring / Summer

Menu 2022

Ellen Tinkham School

Welcome to our New Spring/Summer 2022 menu.

Devon Norse are proud to  
support Farmwise Devon

**FarmWise**  
Devon

Throughout the year we offer a number  
of themed menus to support the  
curriculum, celebrate holidays and  
seasonal events - please check with your  
school for local arrangements.

Allergen information is available  
from your school or

[www.devonnorse.co.uk](http://www.devonnorse.co.uk)

Should your child have a medically diagnosed  
allergy or health condition that requires an alternative  
menu please complete our special diet registration form  
available from the school office or email

[info@devonnorse.co.uk](mailto:info@devonnorse.co.uk)

Salad, Fruit, Yoghurts and  
Water are all available  
daily.

[www.norsecatering.co.uk](http://www.norsecatering.co.uk)

Please note the menu may be subject to change to meet local needs.

## Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pasta Bake	Chicken Korma & Rice	Roast Gammon	Organic Pork Meatballs & Wholemeal Pasta	Mini Battered Fish Fillet
Option 2 (v)	Vegetable Fajitas	Creamy Veg Risotto	Vegetarian Roast	Cheese Wheels & Wholemeal Pasta	Veggie Fingers
Served with	Sweetcorn & Crusty Bread	Peas & Carrots	Roast & Mashed Potatoes, Carrots, Green Beans & Gravy	Seasonal Mixed Vegetables	Chips & Baked Beans
And for pudding	Flapjack	Chocolate Cake with Chocolate Sauce	Langle Farm Ice Cream	Rice Pudding Pot	Chocolate Cookie
Available each day	Freshly Prepared Salad & Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternatives				
Week starting:	25/04/22 – 16/05/22 – 13/06/22 – 04/07/22 – 05/09/22 – 26/09/22 – 17/10/22				

## Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Cheese & Tomato Pizza	Lasagne	Roast Chicken	Cottage Pie	Fish Fingers
Option 2 (v)	Vegetable Lasagne	Cowboy Pasta (with Quorn Sausage)	Cauliflower & Broccoli Cheese Bake	Cheese & Tomato Quiche	Battered Quorn Dippers
Served with	Potato Wedges, Peas & Sweetcorn	Garlic Bread & Salad	Roast & Mashed Potatoes, Green Beans, Carrots & Gravy	Seasonal Mixed Vegetables	Chips & Baked Beans
And for pudding	Pip Organic Ice lolly	Eves Pudding (Apple Sponge) & Custard	Langle Farm Ice Cream	Toffee Banana Cake	Chocolate Cracknel
Available each day	Freshly Prepared Salad & Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternatives				
Week starting:	02/05/22 – 23/05/22 – 20/06/22 – 11/07/22 – 12/09/22 – 03/10/22				

## Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Organic Beef Burger	Sausage	Roast Turkey	Chicken & Vegetable Pie with Mash	Mini Battered fish fillet
Option 2 (v)	Spanish Omelette	Quorn Sausage	Vegetable Wellington	Macaroni Cheese	Southern Style Quorn Burger
Served with	Pasta & Sweetcorn	Wedges & Baked Beans	Roast & Mashed Potatoes, Carrots, Broccoli & Gravy	Sweetcorn	Chips & Baked Beans
And for pudding	Langle Farm Ice Cream	Iced Orange Muffin	Shortbread	Apple Crumble & Custard	Honey Cookie
Available each day	Freshly Prepared Salad & Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternatives				
Week starting:	09/05/22 – 06/06/22 – 27/06/22 – 18/07/22 – 19/09/22 – 10/10/22				