



SOUTH WEST
norse

Fresh Ideas Feeding Minds



Spring/Summer

Menu 2025



Introducing our Spring/Summer School Lunch Menu, offering **high quality**, varied dishes using **local** and **seasonal** ingredients where possible!



Did you know?

All poultry, pork and beef we use are traceable right back to the farm and, where possible, sourced from **Devon & Cornwall** suppliers.

We use **wholewheat** flour in our bread and pastry recipes! In addition to this menu, we offer a number of **themed menus** to celebrate holidays and seasonal events —please check details with your school.



Allergens for this menu are available in the School Kitchen and with catering@swnorse.co.uk

Should your child have a medically-diagnosed allergy or health condition and needs an alternative menu, please complete our Special Diet Registration Form which can be found in the school

If you think your child/children may be eligible for a **FREE** school meal visit www.gov.uk/apply-free-school-meals



www.swnorse.co.uk

Please note the menu may be subject to change to meet local needs.



1

Monday Tuesday Wednesday Thursday Friday

Hot Option 1	Margherita Pizza with Potato Wedges (v)	Sweet and Sour Chicken with Noodles	Roast Turkey Roast Potatoes & Gravy	Sausage Pinwheel & Diced Potatoes	Fish Fingers & Chips
Hot Option 2	Tomato and Courgette Frittata with Potato Wedges (v)	Cheese and Tomato Pasta Bake (v)	Quorn Roast Roast Potatoes & Gravy (v)	Plant-based Sausage Pinwheel & Diced Potatoes (v)	Golden Veggie Fingers & Chips (v)
Served with	Sweetcorn	Mixed Vegetables	Carrots and Green Beans	Mixed Salad	Baked Beans
And for Pudding	Pip Organic Ice Lolly	Chocolate Cake	Flapjack & Orange Wedges	Fruit Jelly	Shortbread Biscuit

Week One: 21 Apr | 12 May | 9 Jun | 30 Jun | 21 Jul | 15 Sept | 6 Oct

DAILY PASTA BAR OPTION - Pasta with Homemade Tomato Sauce + Cheese



2

Monday Tuesday Wednesday Thursday Friday

Hot Option 1	Mac n Cheese (v)	BBQ Chicken with Steamed Rice	Roast Gammon with Roast Potatoes & Gravy	Meatballs in Tomato Sauce with Pasta	Fish Fillet & Chips
Hot Option 2	Quorn Sausage with Pasta (v)	Cheese and Tomato Pasta Bake (v)	Vegemince Cottage Pie & Gravy (v)	Plant-based Veggieballs in Tomato Sauce with Pasta (v)	Vegetarian Enchilada & Chips (v)
Served with	Mixed Vegetables	Sweetcorn	Peas and Carrots	Mixed Salad	Baked Beans
And for Pudding	Pip Organic Ice Lolly	Oaty Cookie	Toffee Cream Shortcake	Jam Sponge	Chocolate Shortbread & Melon Wedge

Week Two: 28 Apr | 19 May | 16 Jun | 7 Jul | 1 Sept | 22 Sept | 13 Oct

DAILY PASTA BAR OPTION - Pasta with Homemade Tomato Sauce + Cheese



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Monday Tuesday Wednesday Thursday Friday

Hot Option 1	Cheese and Tomato Pizza Swirl with Pasta (v)	Lasagne & Garlic Bread	Sausages, Yorkshire Pudding Mashed Potato & Gravy	Breaded Chicken, Lettuce and Mayo Wrap	Fish Fingers & Chips
Hot Option 2	Vegemince Bolognese with Pasta (v)	Loaded Bean Bake & Garlic Bread (v)	Quorn Sausages Yorkshire Pudding Mashed Potato & Gravy (v)	Sweet Potato Curry (v)	Cheese Wheel & Chips (v)
Served with	Peas	Mixed Salad	Cabbage and Carrots	Rice & Salad Sticks	Baked Beans
And for Pudding	Vanilla Ice Cream	Blueberry Cupcake	Iced Fruit Smoothie	Flapjack & Orange Slices	Vanilla Crunch Bar

Week Three: 5 May | 2 Jun | 23 Jun | 14 Jul | 8 Sept | 29 Sept | 20 Oct

DAILY PASTA BAR OPTION - Pasta with Homemade Tomato Sauce + Cheese

*Available Daily: Fresh Salad & Drinking Water Fresh Fruit or Yoghurt