



SOUTH WEST
norse

Fresh Ideas Feeding Minds



Spring/Summer

Menu 2025



Introducing our Spring/Summer School Lunch Menu, offering **high quality**, varied dishes using **local** and **seasonal** ingredients where possible!



Did you know?

All poultry, pork and beef we use are traceable right back to the farm and, where possible, sourced from **Devon & Cornwall** suppliers.

We use **wholewheat** flour in our bread and pastry recipes! In addition to this menu, we offer a number of **themed menus** to celebrate holidays and seasonal events —please check details with your school.



Allergens for this menu are available in the School Kitchen and with catering@swnorse.co.uk

Should your child have a medically-diagnosed allergy or health condition and needs an alternative menu, please complete our Special Diet Registration Form which can be found in the school

If you think your child/children may be eligible for a **FREE** school meal visit www.gov.uk/apply-free-school-meals



www.swnorse.co.uk


Please note the menu may be subject to change to meet local needs.



1

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Margherita Pizza with Potato Wedges (v)	Sweet and Sour Chicken with Noodles	Roast Turkey Roast & Mashed Potatoes and Gravy	Sausage Pinwheel & Diced Potatoes	Fish Fingers & Chips
Hot Option 2	Tomato and Courgette Frittata with Potato Wedges (v)	Cheese and Tomato Pasta Bake (v)	Quorn Roast Roast & Mashed Potatoes and Gravy (v)	Plant-based Sausage Pinwheel & Diced Potatoes (v)	Golden Veggie Fingers & Chips (v)
Served with	Sweetcorn	Mixed Vegetables	Carrots and Green Beans	Mixed Salad	Baked Beans
And for Pudding	Pip Organic Ice Lolly	Chocolate Cake	Flapjack	Jelly	Shortbread Biscuit


Week One: 21 Apr | 12 May | 9 Jun | 30 Jun | 21 Jul | 15 Sept | 6 Oct



2

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Mac n Cheese (v)	BBQ Chicken with Steamed Rice	Roast Gammon with Roast & Mash Potatoes & Gravy	Meatballs in Tomato Sauce with Pasta	Fish Fillet & Chips
Hot Option 2	Quorn Sausage with Pasta (v)	Cheese and Tomato Pasta Bake (v)	Vegemince Cottage Pie & Gravy (v)	Plant-based Veggieballs in Tomato Sauce with Pasta (v)	Vegetarian Enchilada & Chips (v)
Served with	Mixed Vegetables	Sweetcorn	Peas and Carrots	Mixed Salad	Baked Beans
And for Pudding	Pip Organic Ice Lolly	Oaty Cookie	Toffee Cream Shortcake	Jam Sponge	Vanilla Shortbread

Week Two: 28 Apr | 19 May | 16 Jun | 7 Jul | 1 Sept | 22 Sept | 13 Oct



3

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Cheese and Tomato Pizza Swirl with Pasta (v)	Lasagne & Garlic Bread	Sausages, Yorkshire Pudding Mashed Potato & Gravy	Breaded Chicken, Lettuce and Mayo Wrap	Fish Fingers & Chips
Hot Option 2	Vegemince Bolognese with Pasta (v)	Loaded Bean Bake & Garlic Bread (v)	Quorn Sausages Yorkshire Pudding Mashed Potato & Gravy (v)	Sweet Potato Curry (v)	Cheese Wheel & Chips (v)
Served with	Peas	Mixed Salad	Cabbage and Carrots	Rice & Salad Sticks	Baked Beans
And for Pudding	Vanilla Ice Cream	Blueberry Cupcake	Iced Fruit Smoothie	Flapjack	Vanilla Crunch Bar

Week Three: 5 May | 2 Jun | 23 Jun | 14 Jul | 8 Sept | 29 Sept | 20 Oct

*Available Daily:
Fresh Salad, & Drinking Water
Fresh Fruit or Yoghurt
as Pudding Alternatives