



FRESH

ELLEN TINKHAM COLLEGE (WAYSIDE)

THREE WEEK MENU

WWW.DEVONNORSE.CO.UK

LUNCH MENU - WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Mac 'n' Cheese	Pasta Bolognese	Roast Chicken Breast	Sausage, Mashed Potatoes & Baked Beans	Mini Battered Fish Fillet
OPTION 2	Little Green Devil's Plant Burger with Sweet Potato Wedges	Quorn Sausage with Pasta	Vegetable Plait	Cauliflower Cheese	Quorn Dippers
SIDES	Peas & Carrots	BBQ Beans & Sweetcorn	Roast & Mashed Potatoes, Cabbage, Carrots & Gravy	Broccoli	Chips & Baked Beans
DESSERT	Chocolate Cracknel	Peach & Butterscotch Upside-Down Pudding	Homemade Hobnob Biscuit	Fruit Jelly & Langage Farm Ice Cream	Homemade Gingerbread
AVAILABLE EACH DAY	Jacket Potato with Filling of the Day, Salad, Homemade Bread & Drinking Water. Fresh Fruit or Organic Yoghurt available as dessert alternative.				
WEEK STARTING:	19/04/21 10/05/21 07/06/21 28/06/21 19/07/21				

LUNCH MENU - WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Chilli Beef & Mexican Rice	BBQ Chicken Pizza & Potato Wedges	Roast Turkey	Organic Pork Meatball Pasta Bake	Fish Fingers
OPTION 2	Vegetarian Chilli	Cowboy Pasta (Pasta Bake made with Quorn Sausage, Pasta and a Tomato & Bean Sauce)	Quorn Roast	Tofu & Vegetable Kebabs with Cous Cous	Veggie Fingers
SIDES	Mixed Vegetables	Broccoli	Roast & Mashed Potatoes, Peas, Carrots & Gravy	Sweetcorn & Green Beans	Chips & Baked Beans
DESSERT	Langage Farm Ice Cream	Madeleine Sponge & Pink Custard	Iced Fruit Smoothie	Homemade Flapplejack	Homemade Devon Flat Biscuit
AVAILABLE EACH DAY	Jacket Potato with Filling of the Day, Salad, Homemade Bread & Drinking Water. Fresh Fruit or Organic Yoghurt available as dessert alternative.				
WEEK STARTING:	26/04/21 17/05/21 14/06/21 05/07/21				

LUNCH MENU - WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Captains Pasta Bake (Salmon & Broccoli Pasta in a White Sauce)	Chicken & Vegetable Pie	Roast Gammon	Organic Beef Burger & Ketchup with Potato Wedges	Mini Battered Fish Fillet
OPTION 2	Pizza Margherita & Diced Potatoes	Swedish Style Balls in Tomato Sauce	Homity Pie	Halloumi & Mediterranean Veg Bake	Sticky Quorn Sausages
SIDES	Peas & Sweetcorn	Mashed Potatoes, Broccoli & Broad Beans	Roast & Mashed Potatoes, Cauliflower, Carrots & Gravy	Sweetcorn	Chips & Baked Beans
DESSERT	Homemade Chocolate Brownie	Apricot & Apple Crunch	Fruit Muffin	Langage Farm Ice Cream	Homemade Custard Biscuit
AVAILABLE EACH DAY	Jacket Potato with Filling of the Day, Salad, Homemade Bread & Drinking Water. Fresh Fruit or Organic Yoghurt available as dessert alternative.				
WEEK STARTING:	03/05/21 24/05/21 21/06/21 12/07/21				